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**Western Ohio Regional
Treatment and Habilitation
Center (W.O.R.T.H. Center)
(Male and Female Facility)**

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Phone: (419) 222-3339
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(419) 224-6318
smonfort@allencountyohio.com

Opened: June 1993
Total Beds: 94

Sandra J. Monfort, Executive Director

Counties Served: Allen, Auglaize, Hancock, Hardin, Mercer, Putnam, Paulding, Shelby, and VanWert

➤ **Accreditation/Certification**

- ◆ **American Correctional Association:** Accreditation Candidate

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male and female felony offenders referred by the sentencing Courts of Common Pleas

The W.O.R.T.H Center is a Community Based Correctional Facility that houses felony offenders for a period not to exceed six (6) months. The following areas listed indicate the programming that is currently available.

- ◆ **Substance Abuse Education** - The W.O.R.T.H. Centers contracts with two certified chemical dependency counselors. Each offer a substance abuse education program for up to six weeks. Individuals are met with one time per week for a period of 2 ½ hours to allow for the education and application of this information.
- ◆ **Substance Abuse Counseling** - The W.O.R.T.H. Center contracts with two certified chemical dependency counselors. Each counselor offers group substance abuse counseling on a weekly basis. The individuals are referred and meet with the Chemical Dependency Counselors for 2 ½ hours. The application of the education and intervention occurs during this group counseling process.
- ◆ **Recovery Training and Self-Help** - The W.O.R.T.H. Center utilizes the National Institute on Drug Abuse Recovery Training and Self Help curriculum. This curriculum is researched based and is proven to be effective with criminal offenders in the areas of substance abuse. This is twenty-two sessions of individual recovery training that covers topics such as phases of recovery, the activation of craving, saying no to common drug offers, handling on the job problems, looking ahead, plans, goals and dreams, and concludes with recovery stories.
- ◆ **Cognitive Behavioral (New Horizons)** - A Cognitive Behavioral based substance abuse curriculum that meets two times a week. This curriculum has been utilized in prisons (Arizona) and has proven to be effective. This is a three and a six-month curriculum depending on the length of stay of the offender.
- ◆ **Cognitive Behavior Treatment** - The W.O.R.T.H. Center utilizes a curriculum known as Thinking for a Change. Thinking for a Change will become a foundation curriculum being utilized within the W.O.R.T.H. Center. Thinking for a Change is a cognitive intervention that is research proven to be effective with criminal offenders.

- ◆ **Educational Services** - The W.O.R.T.H. Center has three certified education instructors (two on male wing/ one on female wing). These instructors are utilized for the purpose of one on one intervention as well as class education. Destinations software is utilized for literacy purposes through post high school. This allows an additional academic tool to be utilized for the offenders within the facility. Finally, the Center has joined in partnership with Bluffton College, a local higher learning institution. Bluffton College, through its community justice efforts, offers tutors during the school year. College students come to the W.O.R.T.H. Center and spend one (1) to two (2) hours per week with offenders for academic tutoring.
- ◆ **Job Readiness** - The W.O.R.T.H. Center employs an Employment Coordinator who works in the area of job readiness with all male and female offenders once a week. Classes offered are Job Readiness and Money Management. Interventions are made on a group basis, with individual instruction as need be.
- ◆ **Money Management** - This weekly curriculum offers offenders an opportunity to practice money management in preparation for job placement and money matters after release.
- ◆ **Job Placement** - The Employment Coordinator offers job placement at the conclusion of Job Readiness and Money Management classes. Offenders become employed if at all possible within their home community; otherwise temporary placement is made for the offender to begin establishing some form of employment history.
- ◆ **Anger Management** - All Case Managers offer anger management intervention utilizing the curriculum Anger Control by McKay M. Rogers. This is done on a group basis, once a week. Offenders that need additional intervention, utilize this material as well as additional resources.
- ◆ **Domestic Violence** - The W.O.R.T.H. Center contracts with a domestic violence specialist to come once a week to work with men and women. Referrals are made to the contracted specialist who holds a group intervention. Additional work that needs to be done, in addition to the group process, is referred to the Case Manager from the contracted instructor.
- ◆ **Grief Group** – Case Managers make individual referrals to Grief Group as appropriate. This is a closed session that meets once a week wherein male and female offenders are brought together and begin to understand and work through the grief process.
- ◆ **Parenting Classes** - The W.O.R.T.H. Center utilizes a curriculum from Kansas City State University that is research proven to be an effective parenting class. Male and female offenders are brought together. This class is held once a week in a group process.
- ◆ **Human Sexuality** - This is a class offered on a weekly basis in the facility. Male and female offenders are brought together to discuss areas of human sexuality, its appropriateness and what measures need to be taken by all offenders.
- ◆ **Community Services** - Many hours of community services are done on the grounds of the W.O.R.T.H. Center itself. The Center has utilized the local Red Cross and have begun a relationship with Habitat for Humanity. The W.O.R.T.H. Center sends work crews twice a week to work on homes being built in the local area.
- ◆ **AA/NA Meetings** - The W.O.R.T.H. Center has several community volunteers that come to the Center and host AA/NA meetings on a weekly basis. Community members hold meetings on both the male and female side. Additionally, offenders hold AA/NA meetings. Veteran offenders hold their own lead throughout the meeting.
- ◆ **Medical** - Offenders from the facility are given a preliminary assessment, health appraisal, and health care planning session upon intake. The W.O.R.T.H. Center has a contracted physician and nurse. The contracted physician conducts needed medication and other check ups.
- ◆ **Recreation** - Indoor activities are made available that include, fitness equipment, some indoor sports, board games, and television viewing. Outdoor activities include basketball, volleyball, frisbee, etc.



SEPTA Correctional Facility (Male Facility)

7 W. Twenty-Nine Drive
Nelsonville, Ohio 45764
Phone: (740) 753-5000
Fax: (740) 753-4614

monda.deweese@septacbcf.org

Opened: March 1990
Total Beds: 64

Monda H. DeWeese, Executive Director

Counties Served: Athens, Fairfield, Gallia, Hocking, Jackson, Meigs, Morgan, Perry, Vinton and Washington

➤ Accreditation/Certification

- ◆ **American Correctional Association** - Accredited in 1997; Reaccredited in 2003
- ◆ **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)**- Certified as an Outpatient Treatment Program - operated by Tri-County Mental Health and Counseling Services, Inc.

➤ Intake and Screening

- ◆ Screening eligibility and admission criteria established by SEPTA Judicial Corrections Board
- ◆ Referrals are adult, male, felony offenders referred by the sentencing Courts of Common Pleas
- ◆ **Chemical Dependency Counseling/Treatment Program** - Provides intensive Chemical Dependency education to all new offenders, and individual and group counseling to those classified as needing and/or requesting services. The short-term goals include facilitating offender recognition of alcohol and other drug problems, and their initiation of positive lifestyle changes conducive to long-term abstinence from chemicals and the reduction of recidivism. For those assessed as chemically dependent, individual counseling is provided as well as Recovery Group and Relapse Prevention Group. A strong emphasis is placed on the offender developing a realistic and viable release/aftercare plan.
- ◆ **Counseling Program** - Counseling is offered to each offender through a primary counselor. In individual and group sessions, the counselor and offender coordinate treatment plans; define needs, values, and goals; focus on psychological stressors; and facilitate referrals to community service agencies.
- ◆ **Sex Offender Treatment Program** - A weekly group co-facilitated by Tri-County Mental and Health Counseling, Inc. comprised of SEPTA offenders and community members that addresses the issues of offense accountability, victim empathy, relapse prevention and treatment education.
- ◆ **Thinking for a Change** – A problem-solving group that uses cognitive restructuring and social skills interventions. The group is intended to teach offenders that thinking controls behavior, which reinforces the total behavior concept in Reality Therapy. The primary focus is Cognitive Self Change, Problem Solving and Social Skills.
- ◆ **Anger Management Education** - A program that addresses anger management through video tapes, completion of a workbook and group discussion. The program focuses on the fact that anger is a choice an individual makes and not caused by an outside force.

- ◆ **Education Program** - The Education Program includes instructional services in Adult Basic Education (ABE), Educational Resource Center, GED preparation, basic literacy, Life Skills/Positive Solutions, college preparation, bookmobile, SEPTA library, and offender newsletter. Offenders who are high school graduates, have a GED, or college work, are trained as a volunteer peer-tutor or teacher's aide.
- ◆ **Classroom Instruction/GED Program** - Offenders are divided into classes based on TABE scores: Literacy, Pre-GED, and GED. It is mandatory for any offender not in possession of a high school diploma or GED to participate in the GED Program
- ◆ **Education Resource Center** - A computer-aided instructional lab. Offenders who need to obtain their GED are required to complete adult education lessons. Other offenders may attend to brush up on academic skills. Many offenders type phase letters, resumes, and cover letters. The offender newsletter is produced monthly
- ◆ **Life Skills** - Attended by all offenders, includes "Living Skills" by Hazelden. Speakers from the community supplement the program with topics of local interest.
- ◆ **Positive Solutions** - A seven session course helps the offender focus on thought and decision making habits through interactive activities that develop communication skills.
- ◆ **Community Justice** - SEPTA provides services and opportunities that encourage offenders to take responsibility for their actions. Opportunities are based on victim and community input and are fashioned in a way that seeks to facilitate the repairing of damages and injuries caused by the offender
- ◆ **Restitution Program** - Financial payments to the victim which is used as a way to increase an offender's responsibility and understanding of the concrete nature of victim loss.
- ◆ **Community Service Program** - In addition to being employed, the SEPTA offender must complete a minimum of 20 hours of community service. Community service projects serve as structured work and skill-building activities for offenders, which, in turn, benefit state/local government agencies, cities, schools, charitable organizations and non-profit entities.
- ◆ **Community Skills** - Provides opportunities for offenders to learn socialization skills and community responsibility through participation in recreational and other community activities such as shopping, haircut and library outings.
- ◆ **Work Release Program** - The Work Release Program offers offenders the chance for employment through assessment, job placement services and work adjustment counseling. Job Clinic covers resume preparation, employment applications, good grooming and interviewing techniques. Monies earned or saved are used to pay medical expenses, per diem, restitution, court costs, taxes, child support, or outstanding debt.
- ◆ **Medical Services** - Upon intake, offenders are given a preliminary health assessment by intake officers. Within the first week of an offender's arrival, medical staff complete an in-depth medical examination. The medical staff ensure that all medical needs of offenders are met in addition to assisting staff in medically related areas. The medical staff also serves as an integral participant in educating the offender about health-related issues.
- ◆ **Recreation** - Offenders are encouraged to participate in recreational activities that make healthy and productive use of their time. Offenders are offered a wide range of leisure activities which include, but are not limited to: pool, basketball, softball, volleyball, horseshoes, board games, reading, music and television.



**Community Correctional Center
of Butler, Clermont and Warren
Counties
(Male Facility)**

5234 State Route 63
Lebanon, Ohio 45036

Phone: (513) 933-9304
Fax: (513) 933-9305
marys@talberthouse.org

Date Opened: January 1995
Total Beds: 100

Mary Spottswood, Executive Director

Counties Served: Butler, Clermont, and Warren

➤ **Accreditation/Certification**

- ◆ **American Correctional Association** – Reaccredited 2003
- ◆ **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** - Certified as an Outpatient Treatment Program

➤ **Intake and Screening**

- ◆ Eligibility and admission criteria established by the Judicial Corrections Board.
- ◆ Referrals are adult, male, felony offenders referred by the sentencing Courts of Common Pleas

- ◆ Offenders referred to CCC must be sentenced in the Common Pleas Courts of Butler, Clermont or Warren Counties. Intake staff conduct face-to-face interviews and administers the Level of Service Inventory (LSI-R) along with a battery of questions to determine appropriateness and programming needs of every referral.

- ◆ **Orientation** - During the orientation period, the Substance Abuse Subtle Screening Inventory (SASSI) is given to each new offender to identify the probability of chemical dependency. The Diagnostic Assessment Form (DAF) is also given to all new offenders to identify clinical and correctional needs.

- ◆ **Life Skills** – Corrective Thinking (CT) is the core treatment curriculum used throughout the program, focusing on thinking barriers and correctives to enhance 10 life areas: Thinking, Family, Social, Spiritual, Job/School, Financial, Legal, Leisure, Health/Grooming, and Society/Community. This cognitively based curriculum is incorporated through specialized CT groups that continue throughout an offender's stay, and in all aspects of programming include chemical dependency, education, and vocational groups.

- ◆ **Chemical Dependency** – Offenders participate in chemical dependency treatment that focuses on connecting criminal and chemical behavior, and provides a common method for overall behavioral change through chemical dependency processing groups and 12-step involvement. The Corrective Thinking model has been blended into the chemical dependency curriculum and reinforces the need for personal accountability and consequences of actions.

- ◆ **Sexual Offender Treatment Track** - Limited to a maximum of 16 non-violent, non-predatory sexual offenders at one time who are admitted for a mandated 6-month stay. Although offenders are not permitted to leave the facility during their entire stay, all other aspects of the program are available to them. They are assigned to a specific case manager who co-facilitates groups with a contract employee from a local behavioral health agency. After successfully completing the program offenders are referred for 18 months of aftercare that is mandated by the sentencing courts.
- ◆ **Mental Health** – Offenders who exhibit mental health difficulties have access to a mental health assessment by an LISW on staff if needed. If a referral or more in-depth assessment and/or treatment is warranted, CCC utilizes the appropriate community mental health provider.
- ◆ **Education** - Offenders with a wide range of educational needs are assisted by certified teachers through classes from basic literacy to preparing and taking the GED exam. The Test of Adult Basic Education (TABE) is provided to all new offenders to determine their education level. Offenders who possess a high school diploma or GED can become certified literacy tutors by completing the required hours while assisting other offenders with their learning. Upon successful completion at CCC the offender who becomes a certified tutor can continue this valuable service in their community. The TABE is also given to offenders just prior to discharge to determine the level of improvement.
- ◆ **Anger Management** - All offenders participate in anger and stress management groups through the Corrective Thinking process. In addition, new offenders who are identified through referral information as having a history of poor anger management are required to participate in a group utilizing a curriculum that specifically targets anger issues.
- ◆ **Domestic Violence Track** - Offenders with Domestic Violence as their committal offense and/or with two or more prior Domestic Violence charges are referred for this cognitive group treatment, to increase recognition and accountability for violence in family situations.
- ◆ **Vocational** - Offenders who successfully complete the program must have employment secured before being released from the facility; therefore, they progress into the re-entry phase in the final weeks of the program. Employment Specialists provide work-related training to offenders. The Warren County One-Stop Employment Resource Center is utilized for additional vocational training. CCC also operates kitchen and maintenance training tracks and an on-site Copy Shop that are designed to prepare offenders to work in the community after their release.
- ◆ **Family Services** - Designed to assist the offender and significant others in being part of a supportive home environment after release. Services are provided to the offender individually or the family as a group and include program orientation that takes place prior to visitation, parenting education, intervention, and referral to appropriate community agencies.
- ◆ **Aftercare Services** - Offenders from all 3 counties are referred to local agencies for services in their home community. Sex offenders are required to attend 18 months of aftercare.
- ◆ CCC conducts a random sampling of offenders 90 days after successful termination, and the information gathered is used to identify areas of concern and success for graduates as well as a drop in risk/need score.
- ◆ As part of Continued Quality Improvement (CQI), CCC staff determine if graduates continue to work for the company they secured employment with while in the re-entry phase by contacting employers 90 days after discharge. This allows for continued improvement in securing the most appropriate employment available to the offender.



**West Central Community
Correctional Facility
(Male Facility)**

P.O. Box 268
Marysville, Ohio 43040

Phone: 937-644-2838
Fax: 937-644-3698

Opened: October 1999
Total Beds: 90

David E. Ervin, Executive Director

Counties Served: Champaign, Clark, Delaware, Logan, Madison, Marion, Morrow, and Union

➤ **Accreditation/Certification**

- ◆ **American Correctional Association** – Accredited in 2002

➤ **Therapeutic Community**

- ◆ Designed to comply with **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** guidelines

➤ **Intake and Screening**

- ◆ Eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male felony offenders referred by the sentencing Court of Common Pleas

Program Overview:

Programming is set within a Therapeutic Community treatment modality. The Therapeutic Community model emphasizes a 24-hour learning environment in which individual changes in behaviors and attitudes are monitored, extinguished, and/or reinforced. The structure affords offenders opportunities to learn, demonstrate and practice interpersonal communication and leadership skills. Offenders earn privileges and apply for phase advancement much like employment experiences in their home community. Offenders are expected to offer/ solicit positive and constructive feedback to/from their peers and to ask for help from staff and peers much like their experiences in personal relationships back home. The offenders' work in the Therapeutic Community includes some of the following:

- ◆ **Program Orientation:** This group involves offenders nearly 8 hours each day of their first 14 days of residency in activities, discussion, pre-testing/post-testing, workbooks, assessments and lectures that will assist them in successful integration into the offender community.
- ◆ **Chemical Dependency Treatment:** While living successfully in a Therapeutic Community addresses the addictive, compulsive, impulsive, defensive nature of chemical dependency, offenders are also scheduled for a comprehensive assessment and "Discovery" class. The "Discovery" group is 24 hours (4 weeks / 6 hours each week) of examining personal substance abuse. "Knock Nicotine" is a 4-hour class for those offenders also addicted to nicotine. "Twelve Step Awareness" is an 8-hour group that explores the process of sober support in recovery.

- ◆ **Relapse Prevention:** While many groups address the triggers, signs and symptoms of relapse, there is an 8-hour “workshop” offered specific to relapse prevention. There is also a 4-week group, addressing relapse specific to cocaine.
- ◆ **Healthy Relationships:** In cooperation with the local Domestic Violence shelter program, a 6-week group addresses issues surrounding domestic violence and battering. The group is co-facilitated twice a week, 2 hours each group, by a West Central staff member.
- ◆ **Rational Emotive Therapy:** A 16-hour group (4 weeks/4 hours each week) encourages offenders to reevaluate how their “interpretation” of and responses to events in their lives may have been more destructive and how they might choose to lead more healthier, constructive lives with those around them.
- ◆ **Anger Management:** An 8-hour group providing a forum and tools for identifying and expressing anger in constructive, honest ways.
- ◆ **Men’s Issues:** This 6-hour group addresses offenders’ expectations of being a man and how those expectations may have affected their interpersonal relationships.
- ◆ **Health and Wellness:** This 6-hour group assists offenders in examining their lifestyles and getting accurate information about their physical well being.
- ◆ **Job Group:** This group meets 4 times each week for 4 weeks, a total of 32 hours, and addresses the many issues surrounding getting and maintaining employment. Employability skills reviewed are expected to be demonstrated by offenders throughout their day in the Therapeutic Community, during community service and work release. In order to “graduate” from this class, offenders must complete job applications, a mock interview and create an approved resume.
- ◆ **Parenting:** This is a 4 week, 16 hour group to provide accurate information about child development and positive discipline as well as exploring offenders’ expectations of themselves as parents.
- ◆ **Communication Counseling:** This special 8 hour group involves the offender and his family and/or significant other. Clear, honest communication skills are not only taught but also practiced in a small group format. At times, completion of this group is a pre-requisite to being granted other family contact.
- ◆ **Good Grief:** This 4-week group addresses issues specific to losses in an offender’s life. Subsequent activities to this group may include a special family visit, gravesite visit or preparing some presentation for the offender community.
- ◆ **Social Skills:** This 4 week, 8-hour, group involves offenders in learning and practicing pro-social skills they are to utilize in the Therapeutic Community as well as back home and in work.
- ◆ **Codependency:** The 16-hour group provides accurate information about relationships paralyzed by addictive thinking and behaviors. The Therapeutic Community environment provides an opportunity for offenders to raise their awareness of codependent behaviors and share the experiences in class and/or caseload/process groups.
- ◆ **Continuing Care:** This is an on-going group that meets one evening each week for 2 hours and includes offenders approaching successful discharge (have been promoted to Phase IV) as well as recent graduates. It provides an opportunity for an exchange of ideas and support about successful reintegration into their home communities. Continuing care groups are starting to be held in outlying counties of the catchment area for new graduates who may have transportation problems.
- ◆ **Career Choices:** This is an on-going group that involves offenders in their assessment of career interests, choices and competencies.
- ◆ **Thinking Errors:** A 4-week program that explores cognitive restructuring.

- ◆ **Diversity:** An 8-hour, 4-week, group that uses discussion and experiential activities to explore issues surrounding diversity in the offender community as well as the offender's home community. Offenders are expected to practice skills learned in the Therapeutic Community.
- ◆ **Arts and Leisure:** This 4-week group uses all mediums of creative arts to encourage offenders to experience different forms of expression.
- ◆ **Educational Opportunity Days:** These are trips planned by a different team of staff each month that afford a group of offenders the opportunity to experience resources in the community in which they could involve their families or from which they simply increase their general knowledge. Examples of "E.O." Days include trips to the State Capitol / Supreme Court, Ohio Caverns, Black History Museum, Wright-Patterson Air Force Base, a ropes/challenge course.
- ◆ **Adult Basic Education:** Classes, computer-assisted instruction, and tutoring is offered nearly 8 hours each day, 5 days each week and 4 hours on weekends. GED preparation and testing are provided on site as well as assistance to enroll in college courses. As a part of phase advancement, offenders are required to complete at least three seminars for the offender community; the education department monitors assist in research for "grades" and approves all seminars. The education department also coordinates with local ABLE programs to provide successful linkages for those graduating offenders who will need to continue working towards their GED in their home community.
- ◆ **House Workshops:** These topics are presented in a workshop format, to the entire offender population ("house") on Fridays and involve a variety of staff from different departments:
Abuse & Neglect/Abusive relationships, Positive Solutions, Pharmacology, Communication, HIV/AIDS, Anger Tools, Relapse Prevention, Budgeting/Financial Management
- ◆ **Cooperative Extension:** In collaboration with the eight county Ohio Cooperative Extension Agencies, 2-hour workshops are presented to offenders every other week by Family and Consumer Science staff from OSU Extension. Topics include stress management, healthy snacks, smart shopping, parenting, a financial "fair", laughter.
- ◆ **Family Day:** Coordinated by the Family Specialist, Family Day is an opportunity for offenders and family members (12 years of age and older) to discuss information/issues related to chemical dependency and healthy communication. A day is balanced with time to work and play together.
- ◆ **Life Principles:** A community volunteer leads this on-going group once each week that explores moral development.
- ◆ **Spirituality:** This group provides an opportunity for offenders to examine their spiritual direction and spirituality outside the parameters of religion. It offers a foundation for their recovery.
- ◆ **Cinematherapy:** Once each week, a popular (or was popular) movie is selected and offenders complete a reflection worksheet afterwards that brings about a lesson or insight about their behaviors or attitudes. The book, *Cinematherapy*, is referenced for process questions.
- ◆ **Bob Evans/Cooks Assistants Vocational Training:** In cooperation with Bob Evans Restaurants, offenders apply, and are selected, for positions as a cook's assistant. They receive 244 hours of "on-the-job" training which then places them in a local Bob Evans Restaurant as a grill cook.
- ◆ **Maintenance Tech Vocational Training:** In cooperation with in-house maintenance staff, offenders apply, and are selected, for positions as "Maintenance Techs". Job development skills are learned and practiced – especially in the areas of floor stripping/waxing/maintenance, facility repair and landscaping. A certificate is given at graduation delineating competencies acquired.

- ◆ **Logan Bell-Hand Vocational Training / Community Service:** In cooperation with a local HUD-related weatherization and rehab program, offenders apply, and are selected, for positions with Logan Bell-Hand. For 6 weeks, 5 days each week, offenders work on property rehabilitation/construction projects. Offenders are expected to demonstrate the competencies they have learned in the Therapeutic Community that will enable them to maintain solid employment.

- ◆ **Encounters/Process/Probe Groups:** Four times each week, for a total of 10 hours, offender groups are facilitated to provide opportunities for an exchange of ideas, expressing needs/feelings, and confronting the criminal thinking, attitudes and behaviors of other offenders. As a foundation of the Therapeutic Community process, these groups expect offenders to demonstrate the interpersonal skills they are learning in other groups.



**Franklin County
Community Based
Correctional Facility
(Male and Female Facility)**

1745 Alum Creek Drive
Columbus, Ohio 43207

Phone: (614) 462-4600
Fax: (614) 462-4606

bud_potter@fcccourts.org

Opened: October 1993
Total Beds: 200

Granville "Bud" Potter, Executive
Director

County Served: Franklin

➤ **Accreditation/Certification**

- ◆ **American Correctional Association:** - Accreditation Candidate

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male and female felony offenders referred by the sentencing Court of Common Pleas

Core classes:

- ◆ **Time and Money Management:** Class curriculum includes the basics of opening checking and savings accounts, balancing a checkbook, the concept of interest rates, and household budgeting. Time management is also discussed in terms of employment, scheduling time for recreation and family, and maintaining a support system necessary to meet requirements of probation.
- ◆ **Anger Management:** Anger is acknowledged as a real emotion. It is OK to feel anger. Curriculum is focused on ways of coping with and channeling the anger appropriately. Offenders' practice using "I" statements to positively communicate anger and express feelings in a constructive manner. The class facilitator uses current and real situations that come up as well as examples from offenders' pasts to demonstrate techniques. The concept of self-protection and the distinction between aggression and self-defense are also emphasized.
- ◆ **Healthy Relationships:** Positive communication techniques and using "I" statements to communicate feelings are emphasized. The class facilitator guides scenarios in the form of role-plays so class participants can examine traits and behaviors of both healthy and unhealthy relationships. Unhealthy relationship traits and behaviors discussed include co-dependency, domestic violence, abuse and control, and drug use. Offenders are encouraged to draw upon personal experiences to help identify their own relationships and facilitate change in their personal relationships with family and significant others.
- ◆ **Men's/Women's Groups:** All offenders attend gender-specific groups where a more free-flowing discussion format is used. This group is a time when offenders are encouraged to talk about their personal issues. These groups, guided by licensed CD Specialists, are, for the most part, the first time offenders have been exposed to this type of group. Some offenders are resistant at first; therefore, it is extremely important that an atmosphere of trust is established.

- ◆ **Recovery Group:** This is considered a core class as CBCF offenders need to pursue recovery from both addictive substances and/or behaviors. It is believed that there are specific recovery needs unique to men and women, thus the gender-specific distinction of this class. The majority of offenders do not recognize the harmful effects of impulsive behaviors, addiction, and the repetitive nature of their negative decisions. This class focuses on enhancing insight into the cycles of addictive behaviors. In addition, the curriculum emphasizes the steps necessary to establish a support system prior to release from the CBCF. The twelve steps are studied as a tool that can be used to break the cycle of addictive behaviors.
- ◆ **AOD Group (Alcohol & Other Drugs):** Ninety-eight percent of CBCF offenders are addicted to one or more drugs. It is a safe assumption that the other two percent have at some time in their lives experimented with alcohol or other chemicals. Alcohol, although legal and marketed commercially, is a chemical, meeting the definition of a mood-altering substance. The physiology and medical implications of addiction are the focus of this class. Addicted or not, offenders in our facility must be made aware of the effects of chemicals on their bodies. In addition to alcohol, the medical implications of drug use and the body examines the effects of alcohol as well as heroin, prescription pills, inhalants, LSD, Ecstasy, and GHB. Licensed CD Specialists conduct this class.
- ◆ **Chemical Dependency II:** The effects of addiction and drug use on important life areas, such as family, friends, employment, education, financial, and legal are often unrecognized as substances abusers pursue their primary goal – that of obtaining their drug of choice. Licensed CD Specialists teaching this class attempt to introduce to each class participant a new “world view” of the individual and their role in their community. This is considered a core class as addiction or addictive behaviors have caused major dysfunction in the community for each offender sentenced to the CBCF.
- ◆ **Cognitive Processing:** Taught by Program Facilitators, this class focuses on the link between thinking errors and behaviors. Helping offenders to understand the repetitive nature of harmful behaviors and the connection to thinking errors is key to assisting the offender in making changes in behavior cycles of criminal behaviors. This class is considered a core class at the present time, except for offenders who are participating in the Responsible Adult Culture (RAC) program, which contains its own unique thinking errors curriculum.
- ◆ **Self-Esteem:** Considered a core class for all offenders except for those participating in the RAC program, this class is taught by Program Facilitators and attempts to help the offender recognize how low self-image leads to repeated self-injurious and harmful behaviors. Self-worth and self-image are linked to the perception of being worth the efforts to make changes, whether it be sobriety, getting a GED, successful completion of probation, re-gaining custody of children, maintaining employment or successfully completing the CBCF program.

Individualized Classes and Groups:

- ◆ **Cocaine Group:** Taught by licensed Chemical Dependency Specialists, this class is offered as part of a offender’s curriculum if a offender has used, either long term or recreationally, sold, or has had a legal charge relating to cocaine in their past or current legal history. Generally, during the CD Assessment, offenders are identified as being appropriate for this class. In some cases, further information may be learned during the offender’s stay that may indicate a offender not previously identified is appropriate for this class. Educating the offender about the addictive qualities, medical and psychological effects of cocaine use, harm done to self and significant others, harm done to the community, dangers involved in obtaining, trafficking, or otherwise being with others who use cocaine is emphasized.
- ◆ **Marijuana Group:** Taught by licensed CD Specialists, this class is offered as part of a offender’s curriculum if a offender has used, either long term, recreationally sold or has had a past or present legal charge relating to marijuana. Generally, during the CD Assessment, offenders are identified as being appropriate for this class. In some cases, further information may be learned during the offender’s stay that may indicate an offender not previously identified is appropriate for this class. Educating the offender about the misconception that marijuana is not harmful, the medical impacts of using marijuana as well as the psychological effects of use are contained in the curriculum. Dangers of trafficking, obtaining the drug and the harm done to self, family and the community is also emphasized.

- ◆ **Grief and Loss:** This class addresses the emotional pain, grief and loss issues of offenders who have experienced a death or separation of someone important in their lives. Circumstances could be by natural causes, violence, or abandonment. Also, loss of custody of their children due to their addiction or incarceration would make an appropriate referral to this class. A Program Facilitator who has experience in family counseling teaches this class.
- ◆ **Parenting:** This class is for those offenders who are parents. The average age of male offenders is 29 years, while the average age of our female offenders is 32. With this in mind, it is not surprising that a large number of our offenders are parents with a few being grandparents. Whether or not offenders have custody of their children, the issues of parenting need to be addressed as the CBCF expands its focus on significant others in offenders' lives and the importance of re-establishing the parent-child relationship. This is a gender-specific class as men and women have different parenting roles and resulting issues. A Program Facilitator teaches this class with experience in family systems and dynamics of family relationships.
- ◆ **Family Violence Survivors:** Violence in some form is a repetitive theme in many of our offenders' lives. Witnessing a murder or other crime, living in a household where arguments, domestic violence and possibly incest or other forms of sexual abuse took place makes this class a very intense group. Abandonment by a parent is also a form of violence that would qualify an offender for this class. A Program Facilitator with experience in counseling victims of crimes conducts this class. Perpetrators of family violence should **not** be enrolled in this class.
- ◆ **Responsible Adult Culture:** Currently, there are five RAC groups operating. With more planned for the near future, RAC will eventually involve the majority of the offenders in our facility. Interdisciplinary staff trained in the RAC principles conducts groups with each RAC group meeting at the same time 5 days per week. Principles emphasized in the RAC program are the peer mutual help concept for problem identification and reporting, recognizing and identifying behavior problems, as well as identifying major thinking errors. Offenders also meet to practice decision-making, social skills training, and anger management through a series of scripted scenarios. Interdisciplinary staff teams in each hall choose (seed) offenders as appropriate for each group. Group members are seeded as openings in the groups occur, with consideration to the general culture of the group, the stability of the group, and the current stage of group formation. Groups have no more than 9 members, so there will be more than one RAC group per hall. The RAC group members live together, are assigned sleeping areas in close proximity of each other, and are expected to function as a support system for each other as their bond and trust of each other develops within the group.
- ◆ **Adult Basic Education:** State certified teachers assess each offender's academic skill levels upon intake and monthly thereafter while enrolled in the GED portion of their program. Offenders are re-tested monthly to measure their achievement levels, with the ultimate goal of passing the Ohio Practice Test in preparation for taking the GED. Classes are held at least 4 times per week, on weekends, in the evenings, as well as during the regular work day, in all subject areas, focusing on skills needed to help each individual offender who does not have their GED reach that goal while at the CBCF. Offenders who have a high school diploma or GED and who test below a sixth grade level are also enrolled in academic classes to refresh their skills, with the objective of improving their chances of obtaining employment and re-integrating back into the community successfully. Columbus Public Schools makes available a testing site for CBCF offenders. The GED test is offered at least once per month to all CBCF offenders who have achieved that level. An in-house library is accessible to all offenders to promote reading. Teachers provide tutoring assistance as needed.



River City Correctional Center (Male and Female Facility)

3220 Colerain Avenue
Cincinnati, Ohio 45225

Phone: (513) 946-6800
Fax: (513) 946-6999
www.hamilton-co.org

Opened: September 1998
Total Beds: 200

John M. Baron, Executive Director

County Served: Hamilton County

➤ **Accreditation/Certification**

- ◆ **American Correctional Association** - Accredited in 2002

➤ **Therapeutic Community**

- ◆ Designed to comply with **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** guidelines

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male and female felony offenders referred by the sentencing Court of Common Pleas

- ◆ **Residential Chemical Dependency Treatment:** Four to six month program requiring all participants to evaluate past and current behaviors, dependency issues and sober living options. The Therapeutic Community model of treatment requires 24 hour seven days a week participation in a peer driven, pro-social living environment. Offenders are provided with information about addictive substances but the focus of treatment is on “right living”, achieving an acceptable level of maturity, responsibility, accountability, and values. Offenders are also asked to address drug and criminal lifestyle, work attitude, their need to maintain an “image”, self-esteem/self-efficacy and their commitment to creating and maintaining a productive, sober lifestyle. All aspects of the program demand a change in cognition and behavior.

- ◆ **Adult Basic Education:** State certified teachers assess individual offender skill levels and develop an Individual Education Plan that provides basic Literacy Instruction, GED preparation, college tutoring, financial aid seminars, educational field trips and a computer lab with educational software for all learning levels. The Education Department refers offenders to outside programming such as Literacy Tutoring, Adult Basic Literacy Education and Cincinnati State College. There is a complete in-house library available to all offenders.

- ◆ **Employment:** Employment Specialists work with the offender population to evaluate job skills, work history, interviewing techniques and work ethic issues. Offenders are allowed to job seek during the last weeks of the Transition (3rd) phase of their stay. Offenders may work outside the facility during the Re-Entry (4th) phase.

- ◆ **Culinary Arts Program:** River City Correctional Center employs a full-time culinary arts teacher to work with offenders wishing to enter the food service field. One hundred and twenty classroom hours are required along with practical experience in the facility kitchen. Culinary Arts Program offenders prepare special meals for facility meetings and the group bakes and sells holiday cookies each year. Offenders are awarded a State Vocational Training Certificate when they successfully complete the program
- ◆ **Maintenance Assistants Program:** Offenders apply for the Maintenance Assistants Program at the transition phase of treatment. They are interviewed by maintenance department personnel and, when accepted into the program, required to work four to five hours each day cleaning carpets, waxing and polishing floors, maintaining the HVAC system, taking care of the lawn and landscaping, and all other maintenance duties as required. Offenders are awarded a maintenance-training certificate upon discharge from the facility.
- ◆ **Life Skills:** Offenders are asked to constantly relate past and current behavior to the problems they have had or currently have in their lives. To assist them in making the connection topics such as HIV and AIDS, Parenting, How to be a Father, Women's Issues in Society, Sexually Transmitted Diseases, Breast Cancer Awareness, Physical and Dental Hygiene, Men are from Mars/Women are from Venus relationship awareness, and Nutrition Classes are covered.
- ◆ **Community Service:** Offenders must perform thirty hours of community service while at River City Correctional Center. Offenders are supervised by the Hamilton County Probation Department and have performed services for the Department of Transportation, Dress for Success, City of Cincinnati, First Step Home, Hamilton County Parks, St. Rita's School for the Deaf, and the Drop Inn Shelter.
- ◆ **Health and Well-Being:** For one hour each day physical exercise is mandatory. Exercises include aerobics, yoga, walking on treadmills, elliptical machines, riding stationery bikes, and general calisthenics. Meditation and relaxation classes are offered to offenders to promote good health and provide additional coping skills.
- ◆ **Release Planning:** The needs of the offenders are examined prior to discharge and offenders who require housing are responsible for contacting and securing, with help from their Case Managers, appropriate, sober-support housing. If offenders require additional case management services a referral to the Hamilton County TASC program is made. All offenders are assigned to an after-care group before discharge and care is taken to ensure the after-care meeting does not interfere with current employment.
- ◆ **After-Care:** All Hamilton County offenders are required to complete a six to nine month aftercare program. Offenders are expected to attend weekly meetings, meet with their probation officer and submit to random urinalysis. Any participants with two unexcused absences are placed in Remedial Groups and expected to attend two weekly meetings. Therapeutic Community treatment methods are utilized in after-care treatment and participants are expected to continue right living behaviors. When offenders complete the after-care portion they are required to come back to the facility to talk about their experience in living in the "real" world, e.g., staying sober, working, parenting, going to school, etc.



**Eastern Ohio Correction Center
(Male Facility)**

470 State Route 43
P.O. Box 2400
Wintersville, Ohio 43953

Phone: (740) 765-4324
Fax: (740) 765-4533
ggallo@cbcf41.org

Opened: May 1990
Total Beds: 76

Eugene M. Gallo, Executive Director



**Eastern Ohio Correction Center
(Female Facility)**

227 N. Market Street
Lisbon, Ohio 44432

Phone: (330) 420-0288
Fax: (330) 420-0041
ggallo@cbcf41.org

Opened: May 2000
Total Beds: 27

Eugene M. Gallo, Executive Director

Counties Served: Belmont, Carroll, Columbiana, Guernsey, Harrison, Jefferson, Monroe and Noble

➤ **Accreditation/Certification**

- ◆ **American Correctional Association:** Accreditation Candidate

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male and female felony offenders referred by the sentencing Courts of Common Pleas

- ◆ **Orientation and Pass Group** – Provides an introduction to the facility rules and regulations and procedures for successful completion of the Eastern Ohio Correction Center program and guidelines for possible future pass privileges.

- ◆ **Drug and Alcohol Education** – 16 hours of classroom instruction on topics relating to addiction and recovery, including the disease concept of addiction, the levels of addiction and the impact of substance abuse on the user and the non-using members of the family.

- ◆ **STEPS Group** – Two-hour seminar covering the first four steps of Alcoholics Anonymous and the first three steps of Narcotics Anonymous.

- ◆ **Intensive STEPS Group** – This is an individual STEPS study group that consists of 35 - 40 hours of intensive programming providing an in-depth exploration and discussion of the first four Alcoholics Anonymous steps, the first five Narcotics Anonymous steps and how offenders can incorporate them into their lives.
- ◆ **Relapse Prevention** – Four two-hour sessions covering the basic concepts of identifying and dealing with the triggers for relapse.
- ◆ **Intensive Relapse Prevention** – Eighty hours of intensive programming covering warning sign identification, management, and the development of an on-going recovery plan.
- ◆ **Women’s Intensive Substance Abuse Program (WISA)** – An RSAT grant-funded program for women offenders with high risk and need for substance abuse education, relapse prevention, employment assistance, and identification of social services agencies to reduce recidivism upon release.
- ◆ **Thinking for a Change** – Fifteen two-hour sessions designed to help offenders recognize how thoughts, feelings and beliefs lead to predictable patterns of behavior. Much of the class time addresses cognitive self-change and the process of finding new thinking to replace the old thinking that led to trouble. Role-play, discussion, homework assignments and thinking reports help offenders discover problem-solving techniques that match their goals and potentially harmful consequences to themselves and others.
- ◆ **Sex Offender Education Program (SOEP) (males)** – The goal of the SOEP is to enable offenders to admit their offense of record and accept some level of responsibility for their actions by the time they are released. This program is primarily based on the Ross and Loss psycho-educational curriculum for sex offenders. Material has been integrated from training provided from by of the foremost researchers and practitioners in the field. The approach is one of a didactic presentation in a group setting. It utilizes lectures, handouts, classroom notes and homework assignments. Objectives include increasing awareness about sexual assault, recognizing the impact of sexual assault on the victim; common motivations for sexual assault; identification and use of cognitive distortion of the offending cycle, and relapse prevention.
- ◆ **Adult Basic Education** – State certified teachers assess individual offender skills and develop an individualized education plan that provides basic literacy instruction and GED preparation. Educational and computer learning lab classes are conducted five days per week with morning, afternoon, and evening sessions. Volunteer tutors and peer tutoring options are also utilized.
- ◆ **Family Literacy** – Participants learn how to effectively communicate the importance of reading and writing among family members and their school-age children.
- ◆ **Continuing Education** – College and technical school attendance and some in-house continuing education courses are offered through this program.
- ◆ **Computer Classes** – Twenty hours of basic computer and beginning word processing instruction. Students learn keyboarding, computer components; working with disks; document and file design; editing and printing. All students create a personal portfolio of their work and receive a certificate of completion.
- ◆ **Self-Help Library** – The Eastern Ohio Correction Center maintains an extensive collection of self-help books for offenders to read to gain insight and information on a variety of subjects. Self-help selections include books on controlling anger, relapse prevention, child development, starting a business, relationships, grief, recovery, marriage, nutrition and time management.
- ◆ **Mental Health Services** – Offenders are referred to local community mental health agencies for emergency mental health evaluations, on-going counseling and medication management.
- ◆ **NA/AA** – Weekly in-house Narcotic Anonymous, Alcoholic Anonymous and 12-Step support groups meet with offenders and are facilitated by outside volunteers.

- ◆ **Parenting** – Teaches positive parenting skills. Participants view videos that deal with child behavior and misbehavior and the consequences of actions. Discussion groups and homework assignments deal with topics such as developing good listening skills; how to help the child become responsible and cooperative; and building strong family relationships.
- ◆ **Money Management** – This class is three weeks in duration and meets for one and one-half hours each week. Students learn to analyze their personal financial situation; basic tools for saving time and money; the basics of credit; how to use banking services; how to budget and live within their own monetary limits.
- ◆ **Zero Tolerance** – Ten weekly sessions provide an educational framework to challenge the beliefs and behavior of men who batter women. Group members spend time each week reporting on progress they have made or any relapse in violent or aggressive behavior. The group uses discussion, role-playing, and videos that allow in-depth study of violence and non-violence in relationships, controlling violent tendencies, the consequences of emotional abuse, intimidation, accountability and male privilege.
- ◆ **Fit 2 Be Fathers** – A “club for fathers” where members learn to improve their ability to be a father, husband, friend and provider. Members meet once a week for about one and one-half hours for two months. An instructor provides lessons from Jefferson County Ohio State University Extension and deal with topics that help men become physically, practically and socially fit. Techniques and strategies for appropriate guidance, discipline, communication, nutrition and child development concepts are among the topics of discussion.
- ◆ **Family Issues** – Five weeks of discussion groups that focus on dealing with family issues and dynamics. The first phase of topics deal with improving family communication, dysfunction and developing skills to increase the ability to process feelings. The second phase is intended to help offenders develop skills to use upon release and create a realistic understanding of the challenges of leaving treatment and returning home.
- ◆ **Victim’s Issues** – Six two-hour sessions that explore the depersonalization of victims by offenders, the long-term impact of victimization; and accountability for the crimes committed by offenders.
- ◆ **Victims of Abuse/Survivors** – Six two-hour sessions that explore the impact of sexual, criminal and drug abuse among women who have been victims and/or survivors of abuse.
- ◆ **Employment and Life Skills** – Sixteen-hours of employment topics including resume preparation, completing job applications, proper appearance, interviewing skills, job acquisition and retention tips for offenders. All participants prepare for a videotaped mock interview that they can review and improve their performance before going to the actual interview.
- ◆ **Positive Solutions** – Designed to help offenders examine their individual learning and personality styles; to see how they can overcome the influence of their environments; to understand the relationship between their values, attitudes and actions; and how they are affected by their personality.
- ◆ **Changing Criminal Thinking** – Four sessions dealing with creating new thought processes that lead to positive changes and more productive lifestyles.
- ◆ **Jethro’s Group** – Four one-hour in-house meetings led by community ministers and spiritual leaders geared toward spirituality and recovery dealing with issues such as guilt, shame and past actions.
- ◆ **Anger Management** – This group develops techniques that offenders can utilize to deal appropriately with anger and explosive behavior. Topics include understanding anger, styles of displaying anger, forgiveness and strategies for dealing with anger, and reconciliation.
- ◆ **Community Service** – The Eastern Ohio Correction Center provides nearly 13,000 hours of community service activity for offenders each year through contacts with local community agencies and individuals.
- ◆ **Work Release** – Eligible offenders can become employed while in the program to help pay court and medical costs, fines, pay restitution and maintain levels of personal income.



**Licking-Muskingum
Community Corrections
Center
(Male Facility)**

119 East Main Street
Newark, Ohio 43055

Phone: (740) 670-5366
Fax: (740) 670-5354
mskeen@lcounty.com

Opened: August 1994
Total Beds: 57

Marian Skeen, Executive Director

Counties Served: Knox, Licking, Muskingum, and Richland

➤ **Accreditation/Certification**

- ◆ **American Correctional Association:** Accredited 2002
- ◆ **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** Outpatient and Residential Chemical Dependency Treatment Certified

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male felony offenders referred by the sentencing Courts of Common Pleas

- ◆ **Chemical Dependency Treatment – Chemical Dependency Assessments** are completed by a contracted CCDC III within two weeks of a offender's intake. The clinical assessment involves the use of the SASSI assessment tool, plus an in depth interview with each offender. The assessments also include the offender's history and a plan of referral. The CCDC III, along with other chemical dependency instructors, will assess and refer offenders to the in-house treatment program or make referrals to outside agencies when necessary. The CCDC III will assist in continuity of care for offenders prior to discharge for follow-up recommendations as needed. The CCDC III is a member of the Treatment Team, which meets weekly.

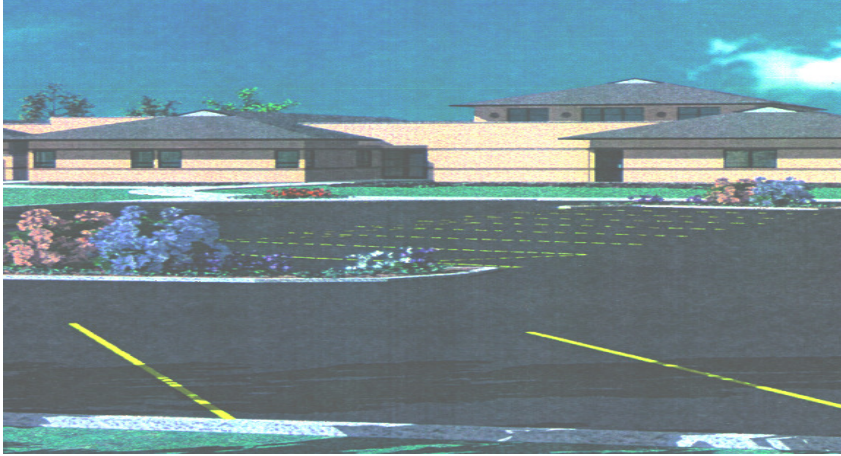
- ◆ **The Disease Recognition Class** - Designed to assist LMCCC offenders in determining whether or not they are chemically dependent. Offenders will learn the signs and symptoms of chemical dependency to assist them in self-diagnosing their addiction. Offenders will begin to identify consequences of their drug and alcohol use, behaviors, and attitude changes necessary for recovery. Offenders will be introduced to recovery options. At the end of the Disease Recognition class, offenders will write a self-diagnosis statement. Offenders who identify themselves as chemically dependent, and are willing to make significant attitude and behavior changes necessary for recovery, will be referred into the Changing Directions Chemical Dependency Treatment Program. The Disease Recognition Class meets for 24 hours in a 4-week cycle, providing 10 cycles per fiscal year. Only offenders assessed with Alcohol and Drug issues will be referred to the Disease Recognition Class.

- ◆ **Changing Directions Class** - The primary functions of the class are to identify, evaluate, and treat offenders who experience problems related to chemical dependency. The goal of identification, evaluation, and treatment is to increase the level of functioning of the offender who has problems related to chemical dependency. Changing Directions meets for 63 hours in a 5-week cycle, with 8 cycles offered each fiscal year. Offenders from all counties, except for Licking and Muskingum, will attend a weekly aftercare group at

the facility until released from the program. Licking County offenders attend a Saturday morning aftercare group at LAPP, and Muskingum County offenders attend aftercare at Genesis Healthcare Systems in Zanesville upon their release from the program.

- ◆ **Cognitive Skills** – The Changing Choices Class focuses on positive choice making, and builds off of the Cognitive Thinking program, which helps offenders learn how to implement the skills in their everyday lives. This 2-hour class meets weekly for 4 weeks, for 8 hours per cycle, with 10 cycles offered each fiscal year.
- ◆ **Mental Health Class** – Mental Health Assessments and Individual Counseling – a local mental health agency will provide two counselors to conduct individual mental health assessments, referrals to other mental health agencies, coordination of services for pre-discharge, and continuity of care for offenders. The counselors also provide input, as needed, for the Screening Committee and training for facility staff. Contracted staff are available for up to 14 hours per week throughout the year. Contracted mental health staff are members of the Treatment Team.
- ◆ **Introduction to Criminology Class** - Assists offenders in identification of impulsively and inability to attach consequences to actions. The class helps offenders improve analytical and problem-solving skills so they are better equipped to solve problems that can lead to recidivism. Offenders clearly identify the link between their criminal behavior and their substance abuse. Finally, the class helps shape offender values so that considering others becomes important. This class is provided weekly for 3 hours for 4 weeks, for a total of 12 hours per cycle, with 10 cycles offered throughout the fiscal year.
- ◆ **Advanced Criminology Class** - Focuses on describing thinking errors and assisting offenders in identifying specific thinking errors related to their specific criminal behaviors. Offenders are presented information concerning alternatives to criminal thinking and skills that are important to counteract this; namely, empathy, impulse control, and anger management. This class also takes a look at how the underlying motives that shape criminal activity specifically, unmet needs and past hurts are due to self-centeredness, addressed inappropriately and through secrecy. Offenders work to outline a plan of what to correct and how to counteract their future thinking errors. This class is offered 2 hours per week for 4 weeks, for a total of 8 hours per cycle, with 10 cycles offered every fiscal year.
- ◆ **Men's Issues Group** - Provides offenders who have identified mental health needs with a readily accessible means of receiving counseling services. Offenders are oriented to group norms and rules. Emphasis is given to assisting offenders with developing competency in the areas of healthy self-disclosure and effective sharing of feedback to others. Therapeutic group discussions and interactions will be focused on, but not limited to, the following topics: male sexuality, anger/self-control, recovery from physical and/or sexual abuse, relationship skills, sexual addiction recovery, and domestic violence. This group is offered every week of the year, for 1½ hours per week, with two counselors mediating.
- ◆ **Adult Basic Education** – A State-certified teacher assesses individual offender skill levels and develops an Individual Education Plan that provides Basic Literacy Instruction and GED Preparation. An in-house library is accessible to all offenders to promote reading and also houses computer terminals for offenders to use to enhance their education.
- ◆ **Domestic Violence** – Offenders examine anger management and learn tools to better handle conflicts. Also, this class helps offenders examine current attitudes in regard to domestic violence, recognize domestic violence as a serious, widespread problem, and learn facts related to domestic violence and the cycle of violence. Offenders are challenged to apply information to themselves. Offenders also address topics on the effects of violence on children, the causes of family violence, sex role stereotyping, and power and control in relationships versus equality and non-violence. Offenders examine anger management and learn tools to better equip themselves. This class is offered 2 hours each week for 2 weeks, for a total of 4 hours per cycle, with 5 cycles offered each fiscal year. This class is required for offenders with a Domestic Violence Charge (current and past).

- ◆ **Parenting Class** – This class assists offenders in examining their own parenting skills, examine ways they were parented, and to teach new skills in the areas of parenting, discipline, and healthy interaction with children. The class is offered 2 hours per week over a 4-week period, for a total of 8 hours per cycle, with 5 cycles offered each fiscal year.
- ◆ **Stress Management Class** – The focus of this class is on how to reduce stress levels and identify life habits that create stress. Offenders will take a look at things that cause stress and how to reduce stressors (long and short term de-stressors). Offenders will learn deep breathing exercises and techniques, biofeedback, progressive muscle relaxation, meditation, etc. This class is offered 2 hours weekly for 2 weeks, for a total of 4 hours (10 cycles per year).
- ◆ **Employment** – Each offender is required to attend the 6-hour workshop. During these sessions, offenders obtain the basic tools necessary to assist them in finding a career as well as focus on money issues, budgeting skills, debt management, and bankruptcy.
- ◆ **Community Service** – Offenders are required to complete 40 hours of community service during residency at various sites. LMCCC has adopted a rural stretch of a county road in the Licking County area in a cooperative effort to Keep Licking County Beautiful. There are on-site gardens that are maintained by offenders and the Master Gardeners Association. Produce from the gardens is consumed in-house.
- ◆ **Medical** – Offenders are given a preliminary health assessment, health appraisal, and a health care planning session upon intake. Medical staff also conducts educational classes that include communicable diseases and their prevention and hepatitis/TB inoculations. The goal of the medical staff is to be an integral part of helping offenders develop a healthy lifestyle by providing quality medical care and advice or by referring to community clinics and dental centers that provides needed services.
- ◆ **Nutrition Class** – Designed to help families learn to plan for daily food needs, read food labels to better select and buy food economically, prepare nutritious, low-cost meals, and effectively use other supplemental programs (Ohio Directions Card/Food Stamps, WIC, etc). An emphasis is placed on the effects of alcohol and drugs on the body nutritionally. Nutrition Class is a 2-hour class offered weekly for four weeks, for a total of 8 hours per cycle, with 10 cycles offered per fiscal year.
- ◆ **Self-Help Class** – Once an offender is assessed as Chemically Dependent, or in need of treatment, he will be scheduled to attend the Self-Help Class. The class covers: historical overview of self-help programs; introduction to the Big Book; in-depth look at the 12-steps; what is a higher power; definition of a sponsor, reasons for having a sponsor; what a good sponsor contact involves; description of various types of self-help meetings and what makes a good meeting; what information should be gained at meetings and how to look for a meeting that suites an offenders personal needs and why that is important; special speakers from the AA/NA community are utilized along with videos pertaining to recovery. This class is offered 2 hours weekly for 4 weeks, with 10 cycles offered each year.
- ◆ **Communication Class** – This class focuses on teaching offenders to diffuse and de-escalate anger in others; body positions/body language; what words to use/not use. This class is offered 1 time per month for 2 hours, with 12 sessions offered each year.
- ◆ **Recreation** – Recreation is provided to offenders, as it is necessary for offenders to have fun while in recovery and experience activities sober. Offenders are involved in a number of recreational activities: canoeing, hiking, sledding, ice skating, roller skating, high ropes course, grounds course, volleyball, softball, basketball, card tournaments, fieldtrips (i.e., Columbus Zoo Christmas lights, Blue Jacket and Tecumseh Outdoor Drama, Cleveland and Columbus Art Museums, etc).



**Lorain/Medina Community
Based Correctional Facility
(Male and Female Facility)**

9892 Murray Ridge Rd.
Elyria, Ohio 44035

Phone: (440) 281-9708
Fax: (440) 281-9713
mwillets@lmcbcf.com

Opened: October 1997
Total Beds: 72

Mike Willets, Executive Director

Counties Served: Lorain and Medina

➤ **Accreditation/Certification**

- ◆ **American Correctional Association:** Accreditation 2003

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Facility Governing Board
- ◆ Referrals are adult male and female felony offenders referred by the sentencing Courts of Common Pleas

- ◆ **Intake and Orientation** – Gives offenders an introduction to treatment and the treatment modality. It also introduces the rest of the *New Direction's* series and defines CBT based coursework and “thinking reports”. An overview of the program and expectations are provided. Orientation class covers: basic assessments, hygiene video, offender handbook and rules, program procedures, class expectations, schedules, employment, community service and phase progression.

- ◆ **Concept Labs** – Basic concepts that all offenders should have knowledge of and demonstrate. Concepts covered: Cognitive Behavioral Approach; Principles of Social Learning; Criminogenic Risk/Needs (Dynamic); Pro-Social Thinking; Pro-Social Behaviors “desirable behavior”; Natural Reinforcers/Self-Reinforcement; Skills Practice; Expectations; Cost-Benefit/Analysis; and Program Integrity.

- ◆ **Beat the Street** – Series of videos shown and supervised by operations staff. Work sheets are also completed.

- ◆ **Education/Literacy/GED** – Education is based on individualized case planning designed for offenders that may lack in skills such as reading, writing, math, etc. Individual assignments are responsive to specific needs, and based on TABE scores. The GED track is an intensive eight week curriculum that prepares the offender for the official GED test. GED testing is administered on-site approximately every six weeks.

- ◆ **Criminal and Addictive Thinking** – Part III of the *New Directions* series that explores the criminal and addiction history. The offender learns to think about their thinking and behavior.

- ◆ **Thinking for a Change** – This curriculum uses as its core, a problem solving program, embellished by both cognitive restructuring and social skills interventions. The idea behind the course is that offenders learn to take charge of their lives and lead more productive and effective lives by taking control over the thoughts and feelings that go on inside. Cognitive restructuring covers how thinking leads to trouble and finding new ways of thinking using thinking check-in's. Skills practiced: active listening, asking a question and giving feedback.

- ◆ **Thinking for a Change Part II** – Class is held during pre-release status to prepare for oncoming release. Problem solving skills covered to include a total of 7 individual steps/lessons: knowing your feelings, understanding the feelings of others, responding to anger, and dealing with an accusation.
- ◆ **Employment** – This class gives offenders an opportunity to find a job by creating a resume and conducting mock interviews. Other topics covered include: work ethics, job retention, and the difference between a “job” and a “career”. Applies social skills to employment related issues. Skills practiced are giving instructions, following instructions, helping others, standing up for your rights, making a complaint, answering a complaint, responding to failure, deciding on your abilities, concentrating on a task, and asking for help.
- ◆ **Pre-Release Booster Sessions:** - *New Directions “Release & Reintegration”* class that covers starting over, criminal and addictive thinking, building a foundation for the future, setting housing goals, setting employment goals, budgeting and free time.
- ◆ **Family Issues/Socialization** – Introduction of treatment modality for families which covers boundaries, intimacy, belonging/coping, familiar feelings, relationships, anger, dealing with feelings, communication styles, and the role of the family. Social skills practiced are: expressing feelings, understanding the feelings of others, giving feedback, receiving feedback, expressing affection, dealing with fear, and negotiation.
- ◆ **Drug/Alcohol Treatment/Education** – Program focuses on two components – criminality and substance abuse. A cognitive intervention for substance abusing offenders covers practicing the principles (applying the steps to life); release preparation (getting out/staying out); survival skills (what does it take to make it); obtaining and sponsor and home group; 12-steps; and big book.
- ◆ **Domestic Violence/Bringing Peace to Relationships** – A Moral Recognition Training (MRT) program for domestic violence and is the cognitive behavioral approach to behaviors focusing on power and control issues.
- ◆ **Life Skills** – The goal of life skills is to teach and assess knowledge/skills of daily living situations: for example, budgeting; nutrition; mending/sewing; housekeeping; comparison shopping; laundry; and gardening.
- ◆ **Anger Management** – A cognitive behavioral approach to controlling anger. This focuses on anger management for substance abuse and mental health offenders.
- ◆ **Post-Release Booster Sessions/Continuing Care** – Also a part of the *New Direction* curriculum, this class covers understanding the relapse process, triggers, cravings, and high risk situations. Different forms of support, adding to the offender’s relapse plan and the recovery plan are also covered. Progress is the expectation, not perfection. Skills practices are conducted.
- ◆ **Relapse Prevention** – This class is an added booster to Chemical Dependency Treatment and drug/alcohol education. Offenders continue to understand the relationship between substance abuse and criminal behavior. Offenders understand the need to make long-term change commitments as well as recognize the series of events that happen before relapse. The offender also develops or fine tunes their recovery plan.
- ◆ **Nutrition** – This curriculum covers the basic dietary guidelines for nutrition and healthier lifestyles. This class is offered by Ohio State Extension Co-Op, an outside provider.
- ◆ **Community Service** - Community Service is an integral component to programming services. All offenders complete a minimum of one week of Community Service. Offenders are able to work towards the completion of court-ordered community service hours as well as practice good citizenship skills by giving back to the community.

- ◆ **Volunteer Services** - Religious and Twelve-Step volunteers help offenders make community contacts and assist in bridging the gap between the structured residential placement and free community movement. Additionally, Twelve-Step volunteers provide on-site Alcoholics Anonymous and Narcotics Anonymous meetings several times weekly.
- ◆ **Restorative Justice** - The Lorain/Medina C.B.C.F. supports and participates in statewide Restorative Justice efforts. Community resources are utilized for special sessions presented to offenders to increase awareness and promote responsibility.
- ◆ **Booster Sessions** – Occur post-release and are structured to provide a wide variety of support for offenders who have been successfully discharged. Groups are facilitated two times per week, one evening and one morning session for both male and female offenders. Former offenders attend one session per week for up to eight weeks depending on their residential length of stay. Sessions are focused on assisting former offenders with their transition back into the community. Topics covered include but are not limited to: values, relationships, family reunification, obstacles in early recovery and twelve-step sponsorship. Offenders have the freedom to request help with issues or topics above or beyond those scheduled for presentation. Community resources and referrals are implemented when applicable to offender need.
- ◆ **Health Care Services** – Contracted medical personnel provide initial health assessments and addresses or evaluate specific health problems. All offenders receive a health care assessment upon intake. Contracted services also include a physician and dentist.



**Lucas County
Correctional
Treatment Facility
(Male and Female Facility)**

1100 Jefferson Ave.
Toledo, Ohio 43624

Phone: (419) 213-6200
Fax: (419) 255-1447
bhite@co.lucas.oh.us

Opened: August 1994
Total Beds: 112

Bud Hite, Executive Director

County Served: Lucas

➤ **Accreditation/Certification**

- ◆ **American Correctional Association** - Accredited in 2003
- ◆ **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** - Outpatient Certified

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male and female felony offenders referred by the sentencing Court of Common Pleas

- ◆ **Morning Meditation** – Offenders are given the opportunity to read through inspirational meditation books and discuss the meaning of the passages.

- ◆ **Treatment/Habilitation Program** – Comprehensive program that provides offenders with a wide range of choices regarding behaviors and concerns, while holding offenders responsible for choices they make. Information is presented to equip offenders with the knowledge and skills necessary to lead positive, healthy and productive lifestyles. The program is interactive which assists offenders in internalizing information gained to affect a positive attitude change.

- ◆ **Chemical Dependency Education**- Program consisting of a variety of substance abuse education and 12-step focus material. Groups meet daily and provide offenders with a strong foundation and an understanding of different substances and the effects on the human body. Gorski Relapse Prevention Techniques are used in the outpatient/aftercare component of the program.

- ◆ **Thinking for a Change** – A twenty-two session group that uses a curriculum of a problem-solving approach embellished by both cognitive restructuring and social skills intervention. Offenders learn basic cognitive skills, which enable them to look at their thinking beliefs, attitudes and values critically and identify errors, allowing for positive cognitive restructuring.

- ◆ **Anger Management** – A Hazelden video and lecture series from *Inside Out; Beyond Anger; Abused Boys, Wounded Men, Rage Recidivism and Recovery*.

- ◆ **Stress Management** – *A Better Way, Commitment to Change*. The focus of the group is on cognitive and substance abuse methods to reduce stress.

- ◆ **Adult Basic Education** – All offenders are academically assessed by state certified teachers using the TABE (Test of Adult Basic Education) which determines the offender’s level of academic functioning for educational placement. Offenders who test between the sixth and eighth grade level are placed in Adult Basic Education. Offenders who test above the eighth grade level or who do not have a high school diploma, are placed in the General Equivalency Diploma (GED) class. Once education levels are determined, individualized education plans are developed. In addition to classroom instruction, a computer lab with educational software for all learning levels is utilized. The TABE test is given to offenders prior to discharge to determine their level of improvement. Education classes are continued in the aftercare portion of the program and remedial reading is provided to offenders who have a high school diploma but have reading skills below the literacy level of sixth grade.
- ◆ **Basic Literacy Skills** – Program for offenders who possess low literacy levels or who are functionally illiterate. Individualized instruction focuses on math, reading, language arts and writing.
- ◆ **Life Skills** – *Living Skills* (Hazelden). Video and lecture series. Workbooks, discussion and practical exercises are the mainstay of this program.
- ◆ **Healthy Living** – Group for offenders to develop a healthy lifestyle, mentally, physically, emotionally, and spiritually. The group focuses on education of diagnoses, support, intervention and integration of chemical dependency treatment and mental health programming.
- ◆ **Recreation** – Indoor activities include fitness equipment, table tennis walking, indoor sports, board games and television viewing. Gymnasium activities include basketball, volleyball, walking, etc.
- ◆ **Domestic Violence** – Offenders are given the opportunity to address domestic violence issues. Offenders meet one time per week in a group setting.
- ◆ **Parenting** – *Systematic Training for Effective Parenting (STEP)* is a group consisting of lecture, discussion and practical exercises of basic parenting concepts.
- ◆ **Price of Freedom** – A video and workbook program that focus on the incarcerated felony offender as well as the community supervised felony offender.
- ◆ **Community Linkage** – A six-month extension of case management services provided via a referral to the Treatment Alternatives to Street Crime (TASC). Services are provided in a collaborative effort with the Lucas County Adult Probation Department.
- ◆ **Gender Specific Groups** – One day a week is devoted to gender specific groups. The groups are separated by gender in order to discuss gender specific issues.



**Community Corrections Association, Inc. (CCA)
(Male Facility)**

1507 Market Street
Youngstown, Ohio 44507

Phone: 330-744-5143
Fax: 330-742-8661
rbillak@aol.com

Opened: 1987
Total Beds: 70 Beds

Richard J. Billak, Ph.D.,
Executive Director

County Served: Mahoning

➤ **Accreditation/Certification**

- ◆ **American Correctional Association** – Reaccredited 2002
- ◆ **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** - Residential and Outpatient Certification

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male felony offenders referred by the sentencing Court of Common Pleas

- ◆ **Chemical Dependency Program** - An eight-week, 2 hour per day program which focuses on the many facets of the recovery process, inclusive of the disease process, cycle of addition of triggers, and introduction to the 12 step program through a group setting. In addition, offenders participate in weekly individual sessions.

- ◆ **Relapse Prevention** - An eight-week program which focuses on preventing relapse by further exploring triggers, warning signs and symptoms, and problem solving, as well as the use of sponsorship and home groups. Offenders are required to compile a relapse prevention plan which they can utilize to better ensure continued sobriety, in addition to addressing the need for changes in dietary patterns and positive recreational relaxation activities, alone and with family/support.

- ◆ **Drug and Alcohol Education and Prevention** - A four-week program geared toward those offenders identified as chemical abusers as opposed to chemically dependent. The program focuses on the disease concept of dependency and educates participants on how to identify the differences between abuse, use and dependency of drugs/alcohol.

Cognitive/Behavioral Groups/Classes

- ◆ **Thinking for a Change** – A twenty-two-session group which uses a curriculum of a problem-solving approach, embellished by both cognitive restructuring and social skills intervention. Participants learn basic cognitive skills which enable them to look at their thinking beliefs, attitudes and values critically and identify errors allowing for positive cognitive restructuring.

Mahoning Co.

- ◆ **Cage your Rage (Anger Management)** – A four-week group in which participants learn new, more positive ways to address anger and rage issues, allowing them to stay in control of their lives. The course explores the ABC's of anger, common thinking mistakes, primary and secondary thoughts and emotions, as well as exploring past situations and new ways to deal with them.
- ◆ **Domestic Violence** – An eight-week course based on the Deluth model, which addresses the offenders of domestic violence. Helps to identify and clarify what constitutes domestic violence and how appropriately deal with family situations without violence.
- ◆ **Parenting** – An eight-week course designed to educate participants in the areas of proper responsible parenting skills from birth through adulthood. Topics include the need for proper diet, sleep patterns during infancy through three years, and discipline versus abuse.
- ◆ **Sex Education** – A four-hour session exploring anatomy, sexually-transmitted diseases, safe sex, responsible sex, and developing healthy relationships.
- ◆ **HIV/AIDS** – A two-hour session exploring and identifying signs, symptoms, causes and prevention of the transmission of HIV. In addition, topics covered include behaviors which put offenders at risk for the transmission of the disease.
- ◆ **Defensive Driving** – Five on-site instructors have been certified through the National Safety Council. The six-hour course focuses on collision prevention through hazard recognition and application of collision avoidance techniques. In addition, the course looks at common driving violations that result in collisions and how to change driving habits to eliminate moving violations. The course allows offenders sanctioned through the courts to take remedial driving courses to fulfill this requirement.

Employment/Adkins Life Skills

- ◆ **Vocational Planning** – Three sessions explore “who” you are; skills, hobbies, etc.; and how they can relate to employment options. Apticom tests are administered to further identify possible areas of interest.
- ◆ **Job Readiness** – A three-session group in which participants learn how to fill out applications, inclusive of common mistakes made while interviewing such as how to dress, appropriate interview skills and resume writing.
- ◆ **Job Retention** – Designed to answer offender questions regarding situations with present employer. Explores possible opportunities of advancement and addresses how to maintain employment post-release.
- ◆ **Adult Basic Education** – State-certified teachers assess individual offender skill levels and develop an individual education plan which addresses offender needs, inclusive of basic literacy and GED preparation, as well as assistance in applying for financial aid to attend technical/trade schools and or college.
- ◆ **Recreation** – Indoor activities include a recreational center, which offers a variety of fitness equipment, as well as a big screen television, ping-pong and pool tables. Within the unit, pool tables, board games, literature/magazines/newspapers are available.
- ◆ **Community Service Program** – Each offender is required to complete a minimum of eight hours per week of community service. CCA works in conjunction with the local courts, as well as the Mahoning County Green Team. Vacant lots have been adopted which are maintained and beautified by CCA offenders.
- ◆ **Pre-Release Group** – Composed of four sessions, to discuss issues of concern for offender/families about release required of the courts and APA.

- ◆ **Pre-Release Board** – Offenders are required to go before a panel which is comprised of facility program staff, in conjunction with the Adult Parole Authority, in order to assure with that mandates imposed by the sentencing court, Adult Parole Authority, and Community Correction Association have been met.
- ◆ **Aftercare** – The aftercare program consists of a four to eight-week period, depending on the needs of the offender, in order to make a smooth transition from residential treatment back to the community. During this time, offenders who have been released are monitored through weekly telephone and face to face sessions to ensure they are maintaining required treatment plans (i.e. employment, mental health appointments, support group meetings, abstinence, etc.).
- ◆ **Graduation Ceremony** – Held quarterly to recognized offenders who successfully complete all treatment goals and recommendations of the court, Adult Parole Authority and the Community Correction Association. Each graduate wears a cap and gown, and receives a tassel. Each ceremony is celebrated with a special speaker and family.
- ◆ **Victim's Impact Panel** – Designed for victims of crimes to share their fears/feelings resulting from the criminal act they suffered, as well as to allow perpetrators of crimes to see the impact their actions have had on their lives.



**Monday Community
Correctional Institution
(Male and Female Facility)**

1951 S. Gettysburg Ave.
Dayton, Ohio 45408

Phone: (937) 496-7300
Fax: (937) 496-7325
(937) 496-7344

tdepew@monday.dayton.oh.us

Opened: March 1978
Total Beds: 200

Timothy R. DePew, Executive Director

County Served: Montgomery

➤ **Accreditation/Certification**

- ◆ **American Correctional Association** - Accredited since 1994
- ◆ **Ohio Department of Alcohol Drug Addiction Services (ODADAS)** Outpatient and Residential Chemical Dependency Treatment Certified

➤ **Therapeutic Community** (1998)

- ◆ Designed to comply with **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** guidelines

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are male and female felony offenders referred by the sentencing Court of Common Pleas

- ◆ **Case Management** – Each offender is assigned a clinical staff person who will provide counseling and case management throughout the offender’s entire stay. The staff and offender develop a treatment plan that encompasses the offender’s needs, as well as goals, and a timetable for accomplishment. The treatment plan is revised as necessary, depending upon the offender’s progress. The assigned clinical staff person will also assist the offender in planning for life after MonDay; obtaining housing, employment, and maintaining a responsible life-style.

- ◆ **Chemical Dependency (CD) Treatment** – The assessment on each offender begins at the screening interview and continues throughout the offender’s stay. If the assessment reveals a need for CD treatment, the offender will be placed on an individualized track. The CD treatment could vary from attending a CD group weekly to a residential track that includes 6 hours of programming daily.

- ◆ **Mental Health Counseling** – MonDay has a Licensed Professional Clinical Counselor on staff. This gives the clinical team the ability to provide psychological assessments and individual counseling. Community service agencies offer a full range of supplemental services to offenders, such as grief counseling, parenting, sexual abuse, post traumatic syndrome, and other mental health issues.

- ◆ **Adult Basic Education** – All offenders take the Test of Adult Basic Education (TABE) within 15 days of admission that determines the offender’s level of academic functioning to help in educational placement. Offenders, who test at a sixth grade level or above and do not have a high school diploma, are placed in the General Equivalency Diploma (GED) classes. Offenders who test at the fifth grade level or below are placed in the Adult Basic Education (ABE) classes. Offenders who have graduated from high school, but test at below the tenth grade level, are placed in classes corresponding to their needs. All educational classes are taught by state certified teachers.
- ◆ **Life Skills** – This program is designed to help offenders prepare for their career setting goals by writing resumes and focusing on areas such as interviews, punctuality, dress, and appearance.
- ◆ **Vocational Experience** – Offenders have the opportunity to participate in unpaid vocational experiences through the Education, Maintenance, or Food Service Departments. Some also earn the privilege of working at a paid position outside the facility. Both types of vocational experiences are an integral part of programming. It helps develop a sense of direction and a frame of reference.
- ◆ **Community Service** – Community service work offers an opportunity for the offender to give something back to the community. This helps the offender create a sense of self-respect while learning new skills.
- ◆ **School Awareness** – Offenders who are progressing well in the program may volunteer to speak at local schools about their experiences. Discussions with students include issues relating to negative choices made that resulted in incarceration. MonDay also hosts school groups who visit the facility and interact with the offenders, and experience the TC.



STAR Community Justice Center (Male and Female Facility)

4578 Gallia Pike
Franklin Furnace, Ohio 45629

Phone: (740) 354-9026
Fax: (740) 354-9076

dhieronimus@stajc.com

Opened: November 2001
Total Beds: 120

Daniel R. Hieronimus, Executive Director

Counties Served: Adams, Brown, Clinton, Highland, Lawrence, Pickaway, Pike, Ross, and Scioto

➤ **Accreditation/Certification**

- ◆ American Correctional Association – Accreditation 2003

➤ **Therapeutic Community**

- ◆ Designed to comply with **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** guidelines

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board.
- ◆ Referrals are adult male and female felony offenders referred by the sentencing Courts of Common Pleas.

- ◆ **Residential Chemical Dependency Treatment** – A four to six-month process where offenders are required to participate and internalize the basics of a Therapeutic Community based on the precepts of STRUCTURE, THERAPY, ADVOCACY and RESTORATION.

- ◆ **Relapse Prevention** – Third phase requirement that takes place in a group setting. Offenders focus on relapse prevention, triggers of relapse, warning signs and healthy/acceptable alternatives to using drugs and/or alcohol.

- ◆ **AA/NA Meetings** – Offenders are required to attend one in-house AA and NA meeting a week as part of their treatment at STAR. Offenders that have been granted the privilege due to hard work accomplished in their program have the opportunity to attend an out-of-house AA/NA meeting scheduled by their primary counselor.

- ◆ **Parenting Wisely** - Four-week class that focuses on responsible parenting. Topics include sound, responsible parenting and assertive discipline with logical consequences.

- ◆ **Cognitive Skills** – A four-week program that provides the tools needed to change problem-causing thinking patterns. Course teaches offenders how to solve problems responsibly and to consider all possible consequences of their actions. Offenders participate in exercises that motivate them to think in new ways and use various media tools to further identify cognitive thinking errors in their everyday life.

- ◆ **Educational Services (GED)** – State certified teachers assess individual offender skill levels and develop education plans based on assessments. Educational services include computer aided job skills (Aztec), GED software and GED testing. STAR also offers ABLE (Adult Basic Literacy Education) for those offenders assessed with that need.
- ◆ **Job Readiness** – The 16-20 hour Job Readiness class includes skills identification, telephone etiquette, how to complete a job application, proper appearance for job searching, job resources, resume writing, mock job interviews, and use of public transportation. Offenders are required to provide documentation of productive job searching and are given a reasonable amount of time to secure employment. Employment staff works with area employers who understand that most offenders need the opportunity to practice their work-related skills during their residency at STAR and until they can be transferred or relocated to their community of permanent residence.
- ◆ **Life Skills** – Offenders learn the basics of independent living. Topics covered include healthy eating habits, personal hygiene, budgeting, smart grocery shopping, laundry and clothing care, proper housekeeping, etc.
- ◆ **Therapy Group** - The primary counselor that encourages offenders to express their emotions and identify/relate with one another in confidence oversees group sessions weekly.
- ◆ **Anger Management** – Minimum eight-session course that teaches offenders how to deal and cope with their anger in a responsible manner.
- ◆ **Cultural Diversity** – An eight-session course that provides offenders with a better understanding of compassion for others including the diverse ethnic backgrounds of the community.
- ◆ **Continuing Care Planning** – Orientation provided to offender and family members to encourage understanding, support and participation in STAR programming. Offenders, significant family members and probation officers are given information to aid them in the long-term success of their family as a unit after release from the program.
- ◆ **Community Service** – Offenders are required to complete a specified number of community service hours at various work sites. This experience works to establish pro-social contacts within the community, elevate the degree of community confidence in the rehabilitation process, enhance the basic work skills and work ethic and allows offenders to experience the benefits of “giving back”.
- ◆ **Encounter Group** – The objective of this structured process is to address conflicts between offenders that are or will result in inappropriate behavior in the community. The Encounter Group creates an atmosphere that enables offenders to drop ego defenses and “street” images and to express and discuss feelings in a mature manner and to gain a deeper capacity for honesty, integrity and self-reliance. The process teaches appropriate communication skills, how to recognize manipulation and self-deception, and helps each offender to see themselves as others do. The Encounter Group also helps offender to realize that what they feel, what they think, and what they do effects the whole community.
- ◆ **Medical Services** – Offenders are given a preliminary health assessment, health appraisal and a health-care planning session during the intake process. Medical staff provides one-on-one instruction that includes the prevention of sexually transmitted diseases, hepatitis and other communicable diseases, and nutrition in recovery. Plans for the future include certification in cardiopulmonary resuscitation (CPR) and basic first aid. The goal of medical staff is to be an integral part of helping offenders develop a healthy lifestyle by providing quality medical care and advice or by referring to community clinics and dental centers that provide needed services

- ◆ **Recreation** – Indoor activities that can be earned along with other privileges in phase movements include morning energizers, card games, board games and limited access to pre-approved video-taped movies. Outdoor activities include basketball, volleyball, frisbee, structured exercise, etc. Community activities include small and large group didactics, and other pro-social experiences.
- ◆ **TASC (Treatment Alternative to Street Crime)** – A grant through the Office of Criminal Justice Services to provide aftercare case management services (STARCare) to assist in the successful reintegration of offenders into their communities.
- ◆ **Spiritual Services** – A cadre of volunteer ministers on a rotating basis offers spiritual services two times a week where each offender is given the opportunity to attend if they choose to do so. This group of religious leaders, known as STAR's Faith-Based Initiative (FBI) assists in making pro-social contacts in each offender's home town prior to release.



CROSSWAEH Community Based Correctional Facility (Male Facility)

3055 South S. R. 100
P O Box 350
Tiffin, Ohio 44883

Phone: (419) 447-1444
Fax: (419) 447-1431
jasonvarney@orianahouse.org

Opened: October, 1999
Total Beds: 58

James Lawrence, Executive Director
Jason Varney, Program Manager

Counties Served: Crawford, Richland, Ottawa, Sandusky, Seneca, Wyandot, Ashland, Erie and Huron.

➤ **Accreditation/Certification**

- ◆ **American Correctional Association: Accredited**
- ◆ **Ohio Department of Alcohol and Drug Addiction Services (ODADAS) Outpatient Chemical Dependency Treatment Certified**

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male felony offenders referred by the sentencing Courts of Common Pleas

- ◆ **Residential Chemical Dependency Treatment** – Three-week daylong sessions that require active participation in disease concept education, sober support planning, triggers, defenses and aftercare planning.
- ◆ **Relapse Prevention** – A three-phase program focusing on relapse prevention and education is designed for the offender who has had periods of sobriety and a history of relapse. Areas covered include lectures on post acute withdrawal, model of recovery, addictive preoccupation, problem solving, warning signs, and recovery planning. Offenders maintain a daily journal to manage post-acute withdrawal and addictive preoccupation. Offenders are encouraged to support their recovery through proper diet, exercise, sober recreation and relaxation.
- ◆ **Cognitive Skills** – A four-week program that provides the tools needed to change problem-causing thinking patterns. Course teaches offenders how to solve problems responsibly and to consider all possible consequences of their actions. Offenders participate in exercises that motivate them to think in new ways and use various media tools to further identify cognitive thinking errors in everyday life.
- ◆ **Adult Basic Education** – State-certified teacher assess individual offender skill levels and develop an Individual Education Plan that provides Basic Literacy Instruction, GED Preparation, College Tutoring, Financial Aid Seminars, Educational Field Trips and a computer lab with educational software for all learning levels. The Education Department refers offenders to outside programming such as Literacy Tutoring, Adult Basic Literacy Education. An in-house library is accessible to all offenders to promote reading.
- ◆ **Life Skills** – Offenders learn the basics of independent living. Topics covered include healthy eating habits, budgeting, smart grocery shopping, gardening and basic computer skills.

- ◆ **Parenting** – Four-week class that focuses on responsible parenting. Topics include good parenting vs. responsible parenting and punishment vs. logical consequences.
- ◆ **Children’s Night Visitation** – Child Interaction Visitation is provided in addition to regular visitation for offenders who are not adept in interacting in a positive, fostering way with their children. The visitation features structured activities that allow for parent and child bonding. Activities are designed to be light-hearted and fun and often consist of various crafts and games.
- ◆ **Aunt Mary’s Storybook Project** – This program seeks to ease the separation anxiety suffered by children while their parents are away and provides the benefit of promoting literacy. Offenders read aloud and record a story for their children on audio or videocassettes, gift-wrap the books and tapes, and mail them in decorated envelopes to their children.
- ◆ **Family Orientation and Release Planning** – Orientation provided to families of offenders to encourage family support and participation in CBCF programming. Families are given information needed to become an integral part of an offender’s success during and after release from the program.
- ◆ **Employment** – Employment class topics include: skills identification, phoning skills, how to complete a job application, proper appearance for job searching, job resources, interview techniques, resume writing, review of program job search rules, mock job interviews, and use of public transportation. Offenders are required to provide documentation of productive job searching and are given a reasonable amount of time to secure employment. The Employment Department works with area employers who are willing to consider CBCF offenders for employment.
- ◆ **Community Service** – Each client is required to complete 60 hours of community service upon entering the program. Offenders work with the park district, domestic violence center, Salvation Army, Humane Society, Hospice, CASA, and community-recycling program as a mean of contributing to the local community.
- ◆ **Family Dynamics** – Is a intensive psycho-educational program that helps the abused and the abuser change belief systems, actions, feelings and thinking. The program is designed to find solutions to end the violence in offender’s lives and learn to develop abuse-free relationships and lifestyles.
- ◆ **Medical** – Offenders are given a preliminary health assessment, health appraisal and a health care planning session upon intake. Medical staff also conduct educational classes that include, sexually transmitted diseases prevention, hepatitis prevention, nutrition in recovery, and cardiopulmonary resuscitation (CPR) certification. The goal of the medical staff is to be an integral part of helping offenders develop a healthy lifestyle by providing quality medical care and advice or by referring to community clinics and dental centers that provide needed services.
- ◆ **Physical and Emotional Health Programming** – Classes include anger/stress management, meditation/relaxation and Tai Chi.
- ◆ **Recreation** – Indoor activities include fitness equipment, indoor sports, board games and television viewing. Outdoor activities include basketball, volleyball. Community activities include swimming, bike riding, cookouts, movie and dinner.
- ◆ **Aftercare** – Aftercare is 12 weekly reinforcement sessions that promote sobriety skills through videos and homework assignments. Offenders are required to complete a recovery plan prior to discharge, which includes meetings, sponsorships and contracts needed for recovery.



**Stark Regional Community Correction Center
(Male and Female Facility)**

4433 Lesh Street
Louisville, Ohio 44641

Phone: (330) 588-2500
Fax: (330) 588-2505
FLDietrich@rbiznet.com

Date Opened: June 1992
Total Beds: 84

Fransia LoDico Dietrich, Executive Director

Counties Served: Holmes, Stark, Tuscarawas and Wayne

➤ **Accreditation/Certification**

- ◆ **American Correctional Association:** Accredited 2002
- ◆ **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** Outpatient Chemical Dependency Treatment Certified
- ◆

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male and female felony offenders referred by the sentencing Courts of Common Pleas

- ◆ **Orientation Group** –Offered to all offenders in the Orientation Phase. Group ensures an understanding of the rules, regulations and expectations of SRCCC residency; prepares offenders for maximum input into the development of their individualized program contract via instruction in the basics of goal setting, decision making and problem solving; assists the offender's adjustment to SRCCC residency.

- ◆ **Intensive Chemical Dependency Treatment** – Offenders assessed in need of treatment attend individual counseling sessions, group therapy sessions three (3) times a week for four (4) weeks, educational lectures and videos three (3) times a week for four (4) weeks, weekly on-site 12-Step Alcoholics Anonymous support meetings, on-site 12-Step speaker groups, dramatic movies about addiction and recovery, weekly AA Big Book Study group, weekly on-site Narcotics Anonymous Support meetings, treatment readiness, relapse prevention, street addiction and Cocaine Anonymous Support meetings.

- ◆ **Education** – A comprehensive educational program based upon Adult Learning Theory (“andragogy”) that is personalized to each offender's need and interest assessment. State Certified teachers administer standardized testing to each offender upon admission and discharge to determine current education level.

- ◆ **Literacy** – Offenders determined to be illiterate or functionally illiterate participate in literacy education.
- ◆ **Adult Basic Education (A.B.E.)** – Offenders lacking a secondary education will be enrolled in A.B.E. Offenders lacking a secondary education or G.E.D. will be encouraged to work toward and take the G.E.D.
- ◆ **Post Secondary Education** – For offenders interested in and eligible for university or technical college education, normal enrollment through the selected school will be scheduled with assistance of the Education Coordinator
- ◆ **Fiber Optic/Cabling Class** – Class allows a select number of offenders a viable living wage job in a growing field.

- ◆ **In-House Probation** – Probation officers provide community control supervision to offenders who are sentenced to SRCCC and provide the following: probation orientation; enforcement of probation conditions; maintenance of No Contact and Restraining Orders, approval of all visitors; church and social passes; assisting offenders with resolving any and all outstanding court obligations.
- ◆ **Taking Charge** – An educational course that examines issues of thinking and behaving which contribute to self-defeating behavior.
- ◆ **Positive Solutions** – A cognitive restructuring program that looks at individual personality and learning styles. The program teaches offenders the social skills necessary to make it in the outside world.
- ◆ **Commitment to Change** – A cognitive restructuring, psycho-educational course designed for offenders to assist them in identifying thinking errors, and re-evaluating and making positive changes in their attitude, thinking patterns, and behaviors.
- ◆ **Special Topics** – Targeted offenders participate and receive information prepared/presented by SRCCC staff in conjunction with targeted criminal justice system personnel and other community speakers in six areas: probation orientation; victim awareness; healthy living including consumer credit; DUI awareness; sexual harassment; and community service/citizen work.
- ◆ **Independent Living Skills** – Program focuses on skills necessary for everyday living. Some topics covered include checking and savings accounts, budgeting, money management, smart shopping and decision making.
- ◆ **Victim Awareness** – Sessions that provide information to offenders to expand their awareness of the impact their criminal activities have had on victims. One session on Community Justice is attended by all offenders, who then attend sessions specific to their crime in one or more of the following areas: robbery and property crime; drunk driving; hate/bias crimes; domestic violence; child abuse; crimes against the elderly; assault; or sexual abuse.
- ◆ **Community Service** – In addition to any court ordered community service, offenders complete community service work at the appropriate site following a restorative justice model. Offenders will complete some service in the community related to their specific offense, or in relation to criminogenic factors. Offenders who are not court ordered to complete community service work must complete a minimum of 40 hours of citizen work.
- ◆ **Library Services** – An in-house library of reading materials both for recreational and reference reading is provided. The Stark County District Library via bookmobile services loans reading materials.
- ◆ **Medical** – Nursing staff provide instruction in the following courses: Stress Management; STD/HIV Awareness; Smoking Cessation; and gender-specific health classes.
- ◆ **“Real Talk”** – A program where offenders go to area schools to discuss with students how decisions they have made has led to their current situation.
- ◆ **Vocational**
 - ◆ **Job Readiness** – Course utilizes the Adkins Life Skills Program. Other job readiness materials are developed and utilized to personalize the program. Offenders are oriented to community vocational assistance resources such as Work Force Initiative Association, Ohio Bureau of Employment Services, Urban League, etc.
 - ◆ **Job Seeking Activities** – Job Club Group is held once a week where unemployed offenders discuss job seeking difficulties and frustrations, share job leads, and plan for the following week’s job seeking efforts.
 - ◆ **Job Placement** – Vocational staff assist the offender with job development, interview scheduling and assistance in registering for vocational training programs.
 - ◆ **Budgeting and Money Management** – Offenders are assisted with establishing a budget in accordance with the offender’s assets and financial requirements. Offenders pay a percentage of net earnings toward court-ordered obligations, establish a savings account in preparation for post-program living arrangements and pay on family bills.

- ◆ **Transitional Services** – A four-session course consisting of material that is provided to ease the offenders' return back into their home communities. The group is interactive and addresses any concerns offenders may have regarding release, the responsibilities of being on probation, and the offender's need to uphold the expectations and commitments to the court.
- ◆ **Recreation** – Indoor activities include fitness equipment, board games and television viewing. Outdoor activities include basketball, volleyball, frisbee, etc.



Summit County Community Based Correctional Facility (Male Facility)

264 E Crosier Street
P O Box 1501
Akron, Ohio 44309

Phone: (330) 996-7296
Fax: (330) 996-2232
annefreund@orianahouse.org

Opened: March 1992
Total Beds: 160

James Lawrence, Executive Director



Cliff Skeen CBCF for Women

941 Sherman Street
Akron, Ohio 44309

Phone: (330) 996-7296
Fax: (330) 996-2232
annefreund@orianahouse.org

Opened: February 2001
Total Beds: 66

James Lawrence, Executive Director

County Served: Summit

➤ **Accreditation/Certification**

- ◆ **American Correctional Association:** Male and Female Facility Accredited
- ◆ **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** Outpatient and Residential Chemical Dependency Treatment Certified

➤ **Intake/Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board
- ◆ Referrals are adult male and female felony offenders referred by the sentencing Court of Common Pleas

- ◆ **Residential Chemical Dependency Treatment** – A three week session that requires active participation in disease concept education, sober support planning, triggers, defenses and aftercare planning.

- ◆ **Alcohol, Drug Education and Prevention** – Nine session classes discuss the disease concept of chemical dependency and how to identify when an abuser of alcohol and/or drugs has become dependent. The course is geared for the offender who is assessed as not appropriate for Residential or Relapse Prevention but has a history of drug and/or alcohol use.

- ◆ **A Woman's Journey** – A gender specific program designed to address the multi-faceted needs of recovering women. The program focuses on the development of a woman's self-concept, relationships, past, present and future, sexuality, spirituality, and the resources available as women re-enter the community.
- ◆ **Cognitive Skills** – A three to four-week program that provides the tools needed to change problem-causing thinking patterns. Course teaches offenders how to solve problems responsibly and to consider all possible consequences of their actions. Offenders participate in exercises that motivate them to think in new ways and use various media tools to further identify cognitive thinking errors in everyday life.
- ◆ **Adult Basic Education** – State-certified teachers assess individual offender skill levels and develop an Individual Education Plan that provides Basic Literacy Instruction, GED Preparation, Small-Scale Technical Education, College Tutoring, Financial Aid Seminars, University Tours, Educational Field Trips and a computer lab with educational software for all learning levels. The Education Department refers offenders to outside programming such as Literacy Tutoring, the Life Skills Center, Adult Basic Literacy Education and the University of Akron. The male facility is a satellite GED test site of the Akron Public Schools that enables offenders to take the GED test while in the CBCF program. An in-house library is accessible to all offenders to promote reading.
- ◆ **Life Skills** – Offenders learn the basics of independent living. Topics covered include healthy eating habits, budgeting, smart grocery shopping, laundry and clothing care, chore charts/housekeeping, and basic sewing/mending.
- ◆ **Positively Pregnant** – This program assists female offenders in achieving maximum safety and comfort for themselves and their unborn children. Monthly meetings focus on physiological and emotional changes and fetal/infant development to include such topics as effects of nicotine, effects of alcohol and/or drugs, nutrition, exercise, and basic newborn care.
- ◆ **Parenting** – Four-week class that focuses on responsible parenting. Topics include good parenting vs. responsible parenting and punishment vs. logical consequences.
- ◆ **Children's Night Visitation** – Child Interaction Visitation is provided in addition to regular visitation for offenders who are not adept in interacting in a positive, fostering way with their children. The visitation features structured activities that allow for parent and child bonding. Activities are designed to be light-hearted and fun and often consist of various crafts and games.
- ◆ **Aunt Mary's Storybook Project** – This program seeks to ease the separation anxiety suffered by children while their parents are away and provides the benefit of promoting literacy. Offenders read aloud and record a story for their children on audio or videocassettes, gift wrap the books and tapes, and mail them in decorated envelopes to their children.
- ◆ **Family Orientation and Release Planning** – Orientation provided to families of offenders to encourage family support and participation in CBCF programming. Families are given information needed to become an integral part of an offender's success during and after release from the program.
- ◆ **Employment** – Employment class topics include: skills identification, phoning skills, how to complete a job application, proper appearance for job searching, job resources, interview techniques, resume writing, review of program job search rules, mock job interviews, and use of public transportation. Offenders are required to provide documentation of productive job searching and are given a reasonable amount of time to secure employment. The Employment Department works with area employers who are willing to consider CBCF offenders for employment.
- ◆ **Community Service** – Offenders are required to complete 40 hours of community service at various sites and have adopted several parks in the Akron area in a cooperative effort to Keep Akron Beautiful. Offenders assisted Summit County Children Services, Battered Women's Shelter and Safe Landing Youth Shelters by sewing and donating laundry and hygiene bags. Both facilities have on-site gardens that are maintained by

offenders and is a joint effort between Let's Grow Akron and the in-house Life Skills instructor. Produce from the gardens is consumed in-house, consumed by offenders on pass or donated to local homeless shelters.

- ◆ **Medical** – Upon intake, offenders are given a preliminary health assessment, health appraisal and a healthcare planning session. The goal of the medical staff is to be an integral part of helping offenders develop a healthy lifestyle by providing quality medical care and advise or by referring them to community clinics and dental centers that provide needed services.
- ◆ **Physical and Emotional Health Programming** – Classes include men and women's health, anger/stress management, meditation/relaxation, antabuse and medical consequences of addiction, poetry, healthy Chinese exercise, and presentations on nutrition education, AIDS awareness, Planned Parenthood, and shaken baby syndrome.
- ◆ **Recreation** – Indoor activities include fitness equipment, indoor sports, board games, arts/crafts, and television viewing. Outdoor activities include basketball, volleyball, frisbee, bike riding, etc. Community activities include sporting events, museums, metropolitan parks and other cultural events.



**NorthEast Ohio Community
Alternative Program (NEOCAP)
(Male and Female Facility)**

411 Pine Avenue S.E.
Warren, Ohio 44483

Phone: (330) 675-2669
Fax: (330) 675-2670
jimcorf@hotmail.com

Opened: October 1997
Total Beds: 116

James P. Corfman, Executive Director

Counties Served: Ashtabula, Geauga, Lake, Portage and Trumbull

➤ **Accreditation/Certification**

- ◆ **American Correctional Association:** Accreditation Candidate
- ◆ **Ohio Department of Alcohol and Drug Addiction Services (ODADAS) -** Outpatient Chemical Dependency Treatment Certified

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board.
- ◆ Referrals are felony offenders referred by the sentencing Courts of Common Pleas.

Case Management Services – Upon entering the program, the offender is assigned a Case Manager who conducts a thorough assessment of his/her criminogenic risk/need factors and assist him/her in developing a treatment plan with goals and objectives to address the identified criminogenic factors. The offender immediately starts to address the goals and objectives in his/her treatment plan. Goals that cannot be obtained within the four to six months of residency will become a part of the offender's release plans that are forwarded to the probation department. The probation officers enforce, monitor, and supervise compliance with the release plan.

Group Therapy – The groups are developed to be comprehensive in nature and address the total range of the offender' criminogenic needs. The groups fall within the four major criminogenic areas and all the groups use curriculums and techniques that are proven to reduce criminal behavior. The areas addressed are as follows:

SUBSTANCE ABUSE GROUPS

- ◆ **Chemical Dependency Education:** An eight-week, first phase group that focuses on the issues of human behavior associated with addiction and recovery. Some of the topics covered in the sessions include the dynamics of addiction and the addiction process. Additional topics discussed are: the role and process of treatment and recovery, medical aspects of addiction, and the importance of abstinence from alcohol and all other drugs.
- ◆ **DUI Education:** An eight week, first phase group that educates offenders who have been convicted of driving while under the influence or driving while intoxicated. It is designed to help teach offenders to take responsibility for their actions and to make real changes in their thinking, beliefs, and behavior.

- ◆ **AA/NA Support Meetings:** In house 12 Step Alcoholics Anonymous group designed to support sobriety and recovery. Offenders in final phase (level III) of program attend both the in house meetings and external 12 Step AA/NA meetings in Trumbull County and in their home counties.
- ◆ **Intensive Relapse Prevention (IOP):** A four-week, second phase group that focuses on preparing the offenders to recognize the warning signs of relapse. Helps offenders identify their own potential triggers and establish a proactive plan for addressing these inevitable situations. Helps offenders in developing their own personal strengths and building a network of support.
- ◆ **Reintegration Class:** A four-week, second phase group that is designed to assist the offender in developing a realistic plan to address problem areas and to identify positive support systems. As a result, the offender will be better prepared to handle difficult situations upon release, as well as, to identify possible resources within the community to aid in rehabilitation.
- ◆ **After Care Group:** A final phase group that allows offenders to discuss topics that deal with substance dependency issues.

PRO-CRIMINAL ATTITUDE AND ANTI-SOCIAL PERSONALITY

- ◆ **Stress and Anger Management:** An eight-week, first phase group that focuses on what stress and anger are and addresses their physical and emotional side effects. Teaches stress management techniques, recognizing and controlling anger, stress reduction, listening skills, assertiveness vs. aggressiveness, changing behavior patterns, and accepting criticism, negotiation and compromise.
- ◆ **Commitment to Change:** An eight-week, first phase group that utilizes a cognitive developmental curriculum for adult offenders that emphasizes awareness of “criminal thinking errors” and the negative consequences they create. Offenders are made aware of the thinking errors of seeing themselves as a victim of others and blaming others for their behavior. Offenders learn to develop responsible thinking.
- ◆ **Thinking for A Change:** A four-week, first phase group that integrates principles of cognitive self-control skills training to provide a multi-dimensional approach for offenders to explore the change in thinking patterns. It also aids offenders in developing appropriate interpersonal skills, learn problem solving techniques, and to interact in a pro-social manner.
- ◆ **Resiliency:** An eight-week, first phase course that focuses on helping the offender take a critical look at issues related to relationships, boundaries, abuse and self-image. This is a structured course that allows for open discussion of the various topics. It provides offenders the opportunity to look at their personal situations and begin to make decisions that benefit themselves.
- ◆ **Parenting:** An eight-week, first phase course that is designed to help the offender address the basic parenting issues that they may face upon returning home. Offenders are presented with the various parenting styles and how to move towards a more healthy style. They are taught ways of handling anger and stress associated with parenting. In addition they are taught how to avoid power struggles and ways to problem solve.
- ◆ **Behavior Education:** An eight-week, second phase group that utilizes a cognitive-behavioral curriculum that focuses on criminality, substance abuse and distorted thinking. Topics covered include: defining the criminal, tactics of power and control, how criminals view themselves, making better decisions, taking responsibility, and the path to change.
- ◆ **Taking Charge:** An eight-week, second phase group that utilizes a cognitive-behavioral curriculum designed to help offenders identify their faulty thinking which leads to poor choices and criminal behavior.

EMPLOYMENT/VOCATIONAL

- ◆ **Employment Education:** An-eight week, first phase group that focuses on the skills needed to get and keep a job, as well as, identifying skills and abilities. An emphasis is placed on dealing with the offender's criminal past on job applications, interviews and overcoming rejection.
- ◆ **Life Skills :** A four-week, second phase group that focuses on basic living skills that are critical for the long-term maintenance of healthy human relationships. Some of the topics covered in life skills sessions include: cooperation, communication, values clarification, interpersonal relationships, self-control, budgeting, checkbook management, pitfalls of credit, and shopping to feed a family.
- ◆ **Computer Education:** A four-week, second phase group that provides offenders with a basic introduction to the personal computer. Correct and efficient use of the keyboard, using a mouse, computer terminology, Window's, Microsoft Word, and Excel are all covered.
- ◆ **Job Search Lab:** A four-week, second phase group that prepares the offender for Work Release. The content of the course includes: résumé development, video-taped mock interview, aptitude and interest inventory.
- ◆ **Work Release:** During the final phase of programming and after successful involvement in their treatment program, offenders enter into an actual work environment. The offender applies for employment based on their individual treatment plan. Employment can vary from temporary, permanent, part-time, or full time jobs.
- ◆ **Community Service Program (CSP):** The CSP work crews engage in unpaid service to non-profit and governmental agencies in the NEOCAP region. Litter pickup, grass cutting and other special assignments are conducted daily.

EDUCATION

- ◆ **GED (General Education Development):** Academic course tailored for offenders functioning on a secondary level. Offenders participate in course work designed to obtain their General Education Diploma while in residency. Academically the focus is on algebra, geometry, functional math, science, social studies, literature, computer skills, fine arts, and written and verbal English.
- ◆ **Remedial:** Academic course tailored for offenders functioning on an intermediate level. Assessment scores place them between 6.5 and 8.9 grade levels. Academically the focus is on improving reading comprehension skills, functional math, written and verbal English, science, computer skills, and social studies.
- ◆ **Literacy:** Academic course tailored for offenders who are assessed at below a 6.5 grade level. Academically the focus is on phonics, vocabulary, reading, comprehension, basic math skills, computer skills and general survival skills.
- ◆ **Learning Lab:** 12-station computer lab with software designed to assist offenders in all the subject areas covered in the GED, Remedial, and Literacy courses.

PRE AND POST TESTING

- ◆ NEOCAP's treatment groups utilize pre and post tests to gauge new learning. Offenders that do not show satisfactory progress are given special assignments and additional help to assist in the learning of the group material. If necessary the offender may be required to repeat the group.



**NorthWest Community
Corrections Center
(Male Facility)**

1740 E. Gypsy Lane Road
Bowling Green, Ohio 43402

Phone: (419) 354-7444
Fax: (419) 354-7445
jwichtman@nwccc.com

Opened: November 1999
Total Beds: 60

James F. Wichtman, Executive Director

Counties Served: Defiance, Fulton, Henry, Williams, and Wood Counties

➤ **Accreditation/Certification**

- ◆ **American Correctional Association** - Accreditation Candidate

➤ **Therapeutic Community**

- ◆ Designed to comply with **Ohio Department of Alcohol and Drug Addiction Services (ODADAS)** guidelines

➤ **Intake and Screening**

- ◆ Screening eligibility and admission criteria established by the Judicial Corrections Board. NWCCC accepts dually diagnosed offenders as long as they are not a threat to themselves or others and can function reasonably well with a fair chance of completing the program. This usually includes monitoring a proven regimen of psychotropic medication.
- ◆ Referrals are adult felony offenders referred by the sentencing Courts of Common Pleas

- ◆ **Phase Movement** – progress through the SEARCH Program involves four phases: Orientation, Primary Treatment, Re-entry, and Aftercare. Except for orientation offenders must earn their way to the next phase with approval from their brothers and from the treatment team.

- ◆ **Orientation** occupies the first 20 days or so of an offender's time. Learning about Therapeutic Community and acclimating to the program are the essential goals of this phase. A test must be passed to advance to the primary phase.
- ◆ The **Primary Treatment** phase usually lasts 90 to 120 days. Drug and alcohol abuse is met head on during this phase as are behavioral problems, criminal thinking and emotional management. Once completing all the oral and written work for re-entry an offender can earn his way to the re-entry phase.
- ◆ Once in the **Re-entry** phase the emphasis shifts to experiencing and adapting to today's multiple social demands. Job experiences and making a place for himself with his family and within his community are the primary work that is accomplished by the offender in re-entry. The re-entry phase usually lasts 30 to 60 days.
- ◆ **Aftercare** is the final phase. Completing the written and oral requirements for this phase and maintaining role model behavior earns passage to this last phase. Being able to leave earlier than the maximum mandated stay at NWCCC encourages offenders to prepare for their future as a pro-social adult.

- ◆ **Family Orientation** – Orientation is provided to families of offenders to encourage family support and participation in CBCF programming. Families are given information needed to become an integral part of an offender's success during and after release from the program.
- ◆ **Thinking For A Change** – An intensive cognitive restructuring program is part of every offender's experience at NWCCC. This National Institute of Justice curriculum is a 22 lesson, group oriented and experientially based intervention that addresses and corrects criminal thinking. Additionally, Thinking For A Change teaches offenders social and cognitive skills that can help them solve and avoid problems.
- ◆ **Adult Basic Education** – State-certified teachers assess offender's level of academic skills and provide GED or remedial classes and computer lab exercises from the Destinations Program. While addressing educational deficits with these methodologies, education staff provides substantial one on one teaching. GED tests are given on-site.
- ◆ **Domestic Violence and Parenting** – Classes for offenders who have issues around relationships with their significant others and with their children.
- ◆ **Victims and/or Perpetrators of Sexual Abuse.** In consort with the Help Center in Napoleon and Behavioral Connections in Bowling Green, the program offers sexual abuse treatment and sex offender treatment.
- ◆ **Mental Health** - Those offenders with severe and critical mental health problems that develop during their stay at NWCCC are screened for possible hospitalization by staff from Behavioral Connections, Inc., the "gatekeeper" to the state-supported regional psychiatric hospital. Other mental health needs that are not critical, but perhaps chronic or situational are addressed. A mental health counselor and a psychiatrist visit the facility regularly to meet the special needs of offenders with a possible mental health diagnosis.
- ◆ **Medical services** - A part time nurse and a doctor who has a regular clinic schedule at NWCCC tend to the medical needs of offenders, except when emergency care is needed. The on-call nurse is contacted and a triage decision is made about the offender receiving hospital emergency room services when an emergency arises.
- ◆ **Emotional Management** – An Anger Management and Domestic Violence Class are provided to a majority of the offenders who have not learned to regulate their emotions and handle their anger appropriately. Many of the therapeutic community tools enhance emotional management skills. Talk tables, relating tables, encounters, and the bench also help offenders cope with emotions that heretofore had been part of the drug addiction cycle. Additionally, a group on identifying feelings is held weekly for offenders who are unable to identify their feelings and who do not have a fundamental knowledge of the range of feelings that is part of the human experience.
- ◆ **Employment** – Offenders in the Primary and Re-entry phases at NWCCC are given various opportunities to begin developing work skills and a work ethic. The WORK Industry (i.e., a stand alone self-supported workshop that performs contracted outsource piecework assembly for local manufacturing businesses) offers offenders opportunities of work for pay and works with area employers who are willing to consider NWCCC offenders for temporary transitional employment or permanent employment opportunities before leaving the facility. The WORK Industry workshop environment provides a closely supervised factory setting for learning job maintenance skills and for earning a paycheck.
 - ◆ Employment class topics include: skills identification, phoning skills, how to complete a job application, proper appearance for job searching, job resources, interview techniques, resume writing, review of program job search rules, mock job interviews, and use of public transportation. Offenders are required to provide documentation of productive job searching and are given a reasonable amount of time to secure employment.
 - ◆ **JOB F.I.N.D.** – is a cooperative effort program made available to NWCCC offenders by the Wood County office of the Department of Job and Family Services. It is a structured program with a curriculum offering career guidance, employment procurement training, and other daily living skills training.

- ◆ **Community Service** – Offenders are required to complete 30 hours of community service at various sites within the Bowling Green area. The Wood County Historical Society, the Wood County Humane Society, the Wood County Landfill, the Wood County Building and Grounds Department, and the local park district are the current community service sites. Community Service time is also given to assist schools, nursing homes and to assist local organizations in special events.
- ◆ **Recreation** – Offenders participate in scheduled recreation. Indoor activities include reading, utilizing fitness equipment, board games and watching television. Outdoor activities include basketball, volleyball, etc. Sober Living Activities include attending sporting events, visiting museums, attending local seasonal festivals, and taking advantage of local parks and other cultural events.
- ◆ **Family Involvement** – Offenders and staff work closely with the offender's probation officer to involve family members in treatment. Family sessions, groups focusing on family issues, exercises of writing to and about family members, and reviewing visiting and furlough experiences with an offender's family are the foundation for family involvement. Family members who visit are required to attend an orientation session on therapeutic communities.
- ◆ **Services after Release** – Participation in various outpatient services are planned before an offender leaves the facility. All offenders continue with "Thinking for A Change" follow-up groups for seven sessions after their release from NWCCC. These sessions are conducted at the facility or facilitated by the Maumee Valley Guidance Center in Bryan, Ohio or Napoleon, Ohio. Depending on remaining clinical needs and unresolved core issues, offenders, in cooperation with their Probation Officer, plan a regimen of outpatient services at service providers located in their home communities. These services include participation in drug and alcohol treatment, domestic violence treatment, mental health treatment, sexual abuse/offender treatment, education, etc.